

Physician Orders

PED ENT Discharge Orders Phase

[X or R] = will be ordered unless marked out.

	PEDIATRIC	
Heidh		kg
Height:cm Weight: Allergies:		[] No known allergies
Allerg		
r 1	Initiate Powerplan Phase	T;N, Phase: PED ENT Discharge Orders Phase
		Admission/Transfer/Discharge
	NOTE: Use for 23 hour observation	
[]	Nursing Communication	T;N Place order for Discharge in am if patient is stable. Pt is stable when pain is
		controlled, has no bleeding, and able to tolerate PO liquids.
Г 1	Nursing Communication	T;N Place order for Discharge in am after
	Nursing Communication	T;N Call in am for Discharge order.
r i	Nursing Communication	T;N Call for Discharge order at time.
	NOTE: Use for SDS discharges on	
r 1	Discharge When Meets Criteria	T;N, DC when patient meets discharge criteria
• •		Condition
r 1	Condition	T;N, Stable
		Patient Care
[]]	DC All Lines	T;N
r i	Instruct/Educate	T;N, Instruct: Patient
î î	Discharge Instructions	T;N, Activity: Up ad lib
î î	Discharge Instructions	T;N, Activity: Resume normal activity after 24 hours
î î	Discharge Instructions	T;N, Activity: no strenuous activity for 2 weeks
î î	Discharge Instructions	T;N, Diet: Diet as tolerated
[]	Discharge Instructions	T;N, Followup Appointments: Followup with Primary Care MD in weeks.
[]	Discharge Instructions	T;N, Followup Appointments: Followup with Drin
	_	weeks.
[]	Discharge Instructions	T;N, Wound/Incision Care: Dressing Changes
[]	Discharge Instructions	T;N, Other Instructions: Notify MD for worsening condition including swelling,
		bleeding, drainage.
		PE Tubes and/or Adenoidectomy
[]	Discharge Instructions	Other Instructions: Keep ears dry
[]	Discharge Instructions	Other Instructions: Use ear plugs or cotton ball with petroleum jelly when bathing,
		washing hair, or swimming
[]	Discharge Instructions	Other Instructions: Use ear drops as directed
[]	Discharge Instructions	Other Instructions: May have bloody drainage for 2-3 days and will gradually
		decrease
[]	Discharge Instructions	Other Instructions: May return to school tomorrow
[]	Discharge Instructions	Other Instructions: Call for puslike drainage, temperature greater than 102
		degrees or concerns.
[]	Discharge Instructions	Other Instructions: Adenoidectomy: Will have bloody drainage from nose that will
L		eventually decrease. DO NOT blow nose for 48 hours.
[]	Discharge Instructions	Other Instructions: Adenoidectomy: May return to school in 2-3 days.
[]	Discharge Instructions	Follow Up Appointments: Return to ENT Clinic in 6 weeks



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PEDIATRIC	
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	T&A			
[]	Discharge Instructions	Diet: Cool clear liquids today, soft diet for 2 days then advance		
[]	Discharge Instructions	Diet: Avoid citrus or tomato products		
[]	Discharge Instructions	Other Instructions: Do not use a straw for 48 hours		
[]	Discharge Instructions	Diet: Encourage fluids, at least 8 ounce glasses/day		
[]	Discharge Instructions	Other Instructions: Go to nearest ER for bright red bleeding or patient refusing to		
		drink.		
[]	Discharge Instructions	Other Instructions: Call doctor for temperature greater than 102 degrees or		
		questions/concerns		
[]	Discharge Instructions	Activity: No rough play or sports/PE X 2 weeks (child usually out of school for 1		
		week)		
[]	Discharge Instructions	Follow Up Appointments: Return to ENT Clinic in 2 weeks		
Tympanoplasty				
[]	Discharge Instructions	Wound/Incision Care: Keep dressing/ear cup on until tomorrow		
[]	Discharge Instructions	Wound/Incision Care: Keep site/ear clean and dry until follow up; may wash hair		
		over sink with assistance		
[]	Discharge Instructions	Wound/Incision Care: May change cotton ball as needed after cup removed		
[]	Discharge Instructions	Wound/Incision Care: Apply triple antibiotic ointment to incision 2-3 times daily		
[]	Discharge Instructions	Activity: No strenuous activity for 2 weeks or as otherwise directed, no heavy		
		lifting		
[]	Discharge Instructions	Other Instructions: Instruct patient to sneeze with mouth open		
[]	Discharge Instructions	Other Instructions: Call doctor for temperature greater than 102 degrees or		
		questions/concerns		
[]	Discharge Instructions	Other Instructions: Use ear drops as directed		
[]	Discharge Instructions			

Date

Time

Physician's Signature

MD Number