

Practice Based Pediatrics Conference

Combined with the Etteldorf Symposium

May 8, 2026

Le Bonheur Children's Hospital
Memphis, Tenn.



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Course Description

This seminar has been designed to encompass state-of-the-art practices and trends in treating pediatric conditions. Clinically and academically oriented faculty will address relevant issues and provide valuable information and insight into situations commonly presented to subspecialists and primary care providers.

Target Audience

This course is designed for pediatricians, family physicians, nurse practitioners, nurses and other health care professionals interested in advancing their knowledge about innovations in the treatment of children.

Course Co-Directors:

Bindiya Bagga, MD, FAAP

Professor, Pediatrics, Infectious Diseases
UT Health Science Center
Pediatric Residency Program Director
Le Bonheur Children's Hospital

Ajay Talati, MD, MBA, FAAP

Sheldon B. Korones Professor, Pediatrics and OBGYN
Director, Office of Pediatric Subspecialty Fellowships
Vice Chair, Education
UT Health Science Center
Division Chief, Neonatology
Le Bonheur Children's Hospital

Jason Yaun, MD, FAAP

Associate Professor, Department of Pediatrics
Division Chief, Outpatient General Pediatrics
UT Health Science Center
Clinical Director of ULPS General Pediatrics
Le Bonheur Children's Hospital

Etteldorf Speaker:

John David Spencer, MD

Principal Investigator, The Kidney and Urinary Tract Center
The Abigail Wexner Research Institute
Professor with Tenure, Department of Pediatrics
Division Chief, Nephrology and Hypertension
The Ohio State University College of Medicine
Nationwide Children's Hospital
Columbus, Ohio

Faculty:

Donald Bearden, PhD, ABPP-CN, FAES

Associate Professor, Psychology and Behavioral Health
The University of Tennessee (UT) Health Science Center
Chief of Pediatric Psychology and Behavioral Health
Le Bonheur Children's Hospital

Alyssa Dye, MD

Assistant Professor, Pediatric Endocrinology
Associate Program Director, Endocrinology Fellowship
UT Health Science Center
Le Bonheur Children's Hospital

Kerstin Gerhold, MD, PhD, MSc

Professor, Pediatrics
Division Chief, Pediatric Rheumatology
Director, Rheumatology Fellowship Program,
UT Health Science Center
Le Bonheur Children's Hospital

Rebecca Reynolds, EdD, MHA

Professor, College of Health Professions, Health Informatics and Information Management
Program Director, Health Informatics and Information Management
UT Health Science Center

Kate Shapiro, MD, MS

Assistant Professor, Infectious Diseases
UT Health Science Center
Le Bonheur Children's Hospital

Anthony Sheyn, MD, FACS

Chair of Excellence, Otolaryngology
Associate Professor, Division of Otolaryngology
UT Health Science Center
Chief of Otolaryngology, St. Jude Children's Research Hospital
Division Chief, Pediatric Otolaryngology
Le Bonheur Children's Hospital

Aaron Walsh, MD

Assistant Professor, UT Health Science Center
Co-Director, Healthy Lifestyle Clinic and Bariatric Medicine Program
Assistant Professor, Cardiology
Le Bonheur Children's Hospital

Faculty Disclosure

As a provider accredited by The Accreditation Council for Continuing Medical Education (ACCME), Methodist Le Bonheur Healthcare must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director, planning committee, faculty and all others who are in a position to control the content of this educational activity are required to disclose all relationships with ineligible companies. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these financial relationships or absence of relevant financial relationships will be disclosed to the audience.

Accreditation

Methodist Le Bonheur Healthcare is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit

Methodist Le Bonheur Healthcare designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits*.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 6.25 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

Tuition

Registration fee is **\$195.00** for physicians; **\$125.00** for nurse practitioners and physician assistants; **\$100.00** for nurses and all other health care professionals. Scholarships are available for residents and fellows, but preregistration is required. Fee for non-health care professionals is **\$95.00**.

The registration fee includes course material, breakfast, lunch and breaks. Full refund will be given for cancellation notice in writing before **April 24**. No refunds given after **April 24**. Methodist Le Bonheur Healthcare reserves the right to alter, reschedule or cancel this program should circumstances so dictate. For further information, call **(901) 516-8933** or visit www.methodistmd.org.

Conference Materials

Conference materials will be available electronically the week following the conference. After registering for the conference you will be given a link and password to access the materials.

Course Alterations

Changes in the program faculty, topics and/or schedule may be necessary. These may occur without notice when time does not permit notification.

Conference Site

Le Bonheur Children's Hospital • Russell Chesney Auditorium
50 N. Dunlap St. • Memphis, TN 38105

Free parking available at 130 N. Manassas St.

Abstract Submissions

Abstracts will be considered on topics related to pediatric research, with the presenting author being a student, resident, fellow, graduate students or post-doc. These could include case reports, clinical, basic science, QI or educational research. Abstracts previously presented at national or regional meetings are also welcome. To submit an abstract, visit our [conference registration page](#) to make your submission! If you have questions about your submission, please contact atalati@uthsc.edu.

Friday, May 8, 2026

Russell Chesney Research Center Auditorium

7:45 a.m. Breakfast

8 a.m. Welcome, Opening Remarks and Disclosures
B. Rush Waller, MD
Chief Medical Officer, Le Bonheur Children's Hospital

8:05 a.m. Chair's Welcome - Terri Finkel, MD, PhD
Moderator: Jason Yaun, MD

8:10 a.m. Etteldorf Keynote: Urinary Tract Infections in Children: From Bedside Frustration to Biological Insight
John David Spencer, MD

1. Review evidence-based strategies for the diagnosis, risk stratification, and referral of children with urinary tract infections.
2. Differentiate antibiotic and non-antibiotic management approaches.
3. Describe emerging biological concepts that help explain recurrent UTIs and point toward future therapeutic approaches.

9:10 a.m. A Contemporary Approach to Anti-Obesity Pharmacotherapy in Pediatric Obesity - Aaron Walsh, MD

1. Discuss the homeostatic mechanisms that regulate adiposity
2. Identify the mechanism of action of glucagon-like peptide-1 (GLP-1) receptor agonists
3. Provide a framework for implementation of GLP-1 receptor agonist therapy in clinical practice

9:50 a.m. Anticipating, Altering and Automating: The New Era of Diabetes Care - Alyssa Dye, MD

1. Discuss how to identify patients at risk for diabetes
2. Discuss antibody screening for T1DM
3. Discuss Teplizumab to prevent onset of Stage 3 T1DM
4. Discuss current diabetes technology including continuous glucose monitors and hybrid-closed-loop technology

10:30 a.m. Break

10:45 a.m. Stewarding Antibiotics in the Clinic: Outpatient Management of Pneumonia, Acute Otitis Media, and UTI in Children - Kate Shapiro, MD

1. Describe the evidence for reduced antibiotic durations for stable outpatients with pneumonia, acute otitis media, and UTI
2. Apply evidence-based stewardship strategies to optimize antibiotic prescribing for these common infections
3. Introduce and demonstrate the use of our institution's Firstline app as a practical tool for outpatient antibiotic stewardship

11:15 a.m. Artificial Intelligence: Staying informed While Searching for Guidance - Rebecca Reynolds, MHA, EdD

1. Identify sources of AI resources
2. Recognize types of AI
3. Recognize sources of policy development for use of AI

11:45 a.m. Lunch

12:30 p.m. Outstanding Alumni Award Presentation

Moderator: Stephen Pishko, MD

12:40 p.m. Finding Your Lane: Career Paths in Pediatrics

John David Spencer, MD

1. Identify career pathways in pediatrics, including clinical, academic, research, and hybrid roles.
2. Describe decision points that shape career trajectories during residency and fellowship.
3. Recognize strategies for mentorship, skill-building, and resilience when career goals evolve over time

1:20 p.m. ENT on the Spot: Pediatric Questions, Straight Answers

Anthony Sheyn, MD

1. Examine and diagnose common pediatric ENT disorders
2. Examine when ENT referrals are best and what to refer for
3. Review any relevant AAO-HNS guidelines

1:50 p.m. Break

2:05 p.m. Sleep, Technology, and Mental Health in Youth: Risks and Opportunities - Donald Bearden, PhD

1. Explain how sleep and technology use interact to influence emotional regulation and mental health in pediatric populations.
2. Apply practical strategies to counsel families on improving sleep hygiene and reducing technology-related risks in children and adolescents.
3. Integrate evidence-based recommendations into clinical practice to leverage technology for promoting healthy sleep and psychological well-being.

2:55 p.m. Sorting Signal From Noise: Identifying Rheumatic Disease in Teens with Pain and Fatigue - Krestin Gerhold, MD

1. Identify when to look for symptoms, clinical signs and red flags of a rheumatic disease.
2. Recognize what diagnostics to order
3. Explain when to refer to pediatric rheumatology

3:25 p.m. Break

3:45 p.m. Research Presentations

5 p.m. Poster Presentations and UTHSC Pediatric Residency Alumni Reception - All are Invited

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Program Registration Form

Name: _____

MD DO NP PA RN Other: _____

Address: _____

City, State, Zip: _____

Phone: () _____ Fax: () _____

Specialty: _____

Email (required): _____

NPI# (required for physicians): _____

Method of Payment

Check for \$ _____ enclosed (payable to Methodist Le Bonheur Healthcare)

Credit Card: Charge \$ _____ to my:

American Express MasterCard VISA Discover

\$195 for physicians

\$125 for nurse practitioners and physician assistants

\$100 for nurses and all other health care professionals

\$95 for non-health care professionals

FREE for residents and fellows

Credit Card #: _____ CSC # _____ Exp. Date: _____

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Signature: _____
(Card holder's signature)

Statement Address: _____

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Online registration available at www.methodistmd.org/cme
or mail your completed registration form and tuition to:

**Continuing Medical Education
Methodist Le Bonheur Healthcare**

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