

9th ANNUAL

Gastroenterology and Nutrition Symposium

“Nutrition in Clinical Situations”

Sept. 18, 2026

Le Bonheur Children's Hospital
Memphis, Tenn.



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Children's Hospital

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Presented by the Department of Nutrition Therapy at Le Bonheur and the
Division of Pediatric Gastroenterology, Hepatology and Nutrition at
Le Bonheur and the University of Tennessee Health Science Center

COURSE DESCRIPTION

This course is a multidisciplinary approach to the comprehensive nutrition care of pediatric patients. The purpose is to share a foundation of knowledge and skill to provide evidence-based nutrition care within the scope of multiple health care disciplines. Attendees will learn the nutrition interventions for infants, children and adolescents with a variety of common diseases. The course will focus on the nutrition management of various diseases by organ system. A special focus will also be on some of the current issues in nutrition in the pediatric patient and what the available literature recommends.

TARGET AUDIENCE

This course is designed for pediatricians, primary care physicians, advanced practice nurses, registered nurses, speech-language pathologists, occupational therapists and dietitians.

COURSE DIRECTOR

Mark R. Corkins, MD, CNSC, FASPEN, AGAF, FAAP

Professor, The University of Tennessee Health Science Center
St. Jude Endowed Chair for Excellence in Pediatric
Gastroenterology

Chief, Pediatric Gastroenterology, Hepatology and Nutrition,
Le Bonheur Children's Hospital

KEYNOTE SPEAKER

Amy Peterson, MD MS FAAP FAHA FNLA

Director, Pediatric Preventive Cardiology,
Professor of Pediatrics, Division of Pediatric Cardiology,
University of Wisconsin School of Medicine and Public Health

FACULTY

Michelle Bowden, MD

Associate Professor, UT Health Sciences
Medical Director, Eating Disorder Clinic, Le Bonheur Children's Hospital

Stephanie Davenport, DO

Pediatric Gastroenterology, Le Bonheur Children's Hospital

Price Edwards, MD

Assistant Professor, UT Health Sciences
Pediatric Gastroenterology, Le Bonheur Children's Hospital

Rachel Greer, OTR/L

Occupational Therapist, Le Bonheur Children's Hospital

Linda Lazar, MD

Professor, UT Health Sciences
Pediatric Gastroenterology, Le Bonheur Children's Hospital

Akosua Sintim-Damoa, MD

Associate Professor, UT Health Sciences
Radiology, Le Bonheur Children's Hospital

John Whitworth, MD

Associate Professor, UT Health Sciences
Pediatric Gastroenterology, Le Bonheur Children's Hospital

FACULTY DISCLOSURE

As a provider accredited by The Accreditation Council for Continuing Medical Education (ACCME), Methodist Le Bonheur Healthcare must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director, planning committee, faculty and all others who are in a position to control the content of this educational activity are required to disclose all relationships with ineligible companies.

Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these financial relationships or absence of relevant financial relationships will be disclosed to the audience.

OBJECTIVES

Upon completion of this course, the participant should be able:

- Review the classification of commonly use infant formulas and their indications.
- Review the definition of faltering weight and the initial evaluation recommendations.
- Discuss the diagnostic process and initial management of milk-protein intolerance and FPIES.
- Evaluate the most common diagnoses for vomiting and failure to pass meconium in infants as well as the most common diagnoses for vomiting and abdominal pain in toddlers, children and adolescents.
- Learn how to differentiate a normal fluoroscopic upper GI examination from that of midgut volvulus and how to differentiate a normal fluoroscopic contrast enema from Hirschsprung's disease, meconium ileus, and meconium plug syndrome.
- Gain knowledge of foreign body ingestion guidelines and be able to apply clinical scenarios.
- Discuss the effect of diet on the microbiome.
- Explain the role of microbiome in patients with autism.
- Review the benefit of dietary therapies in Autism Spectrum Disorder.
- Review the impact of cardiovascular disease on long-term health of children and the role of pediatric cholesterol screening.
- Diagnose a child with a specific dyslipidemia and develop an appropriate treatment plan.
- Illustrate the impact of nutrition to treat dyslipidemia and reduce cardiovascular risk.
- Define Intestinal Syndrome.
- Describe the goals of therapy for Intestinal Syndrome.
- Identify and discuss key management goals for patients with Intestinal Syndrome.
- Differentiate the ARFID subtypes and their associated clinical characteristics to support accurate diagnosis and treatment planning.
- Apply evidence-based approaches to the assessment of gastrointestinal symptoms in patients with ARFID, including indications for further medical workup.
- Evaluate the contribution of occupational feeding therapy to ARFID treatment and integrate outcome data into interdisciplinary management strategies for improved patient
- Review the current data on low versus high fat milk intake.
- Discuss the new definition for ultra-processed foods and the data about long-term health risks.
- Review how to discuss with families the new technology on assisted diets.

CONFERENCE SITE

The conference will be held at Le Bonheur Children's Hospital in the Russell Chesney Auditorium at 50 N Dunlap St., Memphis, TN 38103.

Virtual attendance via Zoom teleconference is also available.

Free guest parking is available at 130 N. Manassas St.

ACCREDITATION

Methodist Le Bonheur Healthcare is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians

Methodist Le Bonheur Healthcare is approved as a provider of nursing continuing professional development by The Mississippi Nurses Foundation, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CREDIT

Methodist Le Bonheur Healthcare designates this live activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Methodist Le Bonheur Healthcare is approved as a provider of Nursing Continuing Professional Development by The Mississippi Nurses Foundation, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Approved Provider Unit Number: 00305-ED08

7 CEUs pending approval from the Commission on Dietetic Registration.

This program is available for up to 0.70 ASHA CEUs (Various Levels, Professional Area).

TUITION

The registration is **\$125** for physicians; **\$75** for nurse practitioners and physician assistants; **\$50** for nurses and dietitians; *Free for residents and fellows, but pre-registration is required. The fee includes breakfast, lunch and breaks. No refunds will be given after **Sept. 10, 2026**. Methodist Le Bonheur Healthcare reserves the right to alter, reschedule or cancel this program.

AGENDA – FRIDAY, SEPT. 18

- 8 a.m. **Welcome**
- 8:15 a.m. **The Skinny on Infant Nutrition 2026**
John Whitworth, MD
- 9:15 a.m. **GI Tract Imaging: True and False**
Stephanie Davenport, DO, and
Akosua Sintim-Damoa, MD
- 10:15 a.m. **Break**
- 10:30 a.m. **Nutrition and Autism: Cause/Effect**
Price Edwards, MD
- 11:30 a.m. **Keynote: Keeping Kids Young at Heart:
Treatment of High Cholesterol in Childhood**
Amy Peterson, MD MS FAAP FAHA FNLA
- 12:30 p.m. **Lunch**
- 1:30 p.m. **Short Bowel Update 2026**
Linda Lazar, MD
- 2:30 p.m. **Untangling ARFID: A Team-Based Approach
for Adequate Nutrition**
Michelle Bowden, MD, and Rachel Greer, OTR/L
- 3:30 p.m. **Break**
- 3:45 p.m. **What Now?
Hot Topics Pediatric Nutrition 2026**
Mark R. Corkins, MD
- 4:45 p.m. **Final Comments | Adjourn**



ASHA CE
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Methodist Le
Bonheur Healthcare

Various Levels
Up to 0.70 ASHA CEUs

The ASHA Disclosures: <https://drive.google.com/file/d/1VnU5FQxrdgID4Np-GIF-uk4sLyU2t8ej/view?usp=sharing>

PROGRAM REGISTRATION FORM

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Sept. 18, 2026

Name: _____

☐ MD ☐ DO ☐ NP ☐ PA ☐ RN ☐ RD ☐ Other: _____

Address: _____

City, State, Zip: _____

Phone: () _____

Specialty: _____

Email address required for CME: _____

NPI #: _____

Symposium Attendance

☐ Virtual ☐ In-Person

Online registration available at
www.lebonheur.org/conference-registration
or mail your completed registration form and fees to:

Methodist Le Bonheur Healthcare
Gastroenterology and Nutrition Symposium
251 S. Claybrook St., Suite 512 • Memphis, Tenn. 38104

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