

8th ANNUAL

Gastroenterology and Nutrition Symposium

“Nutrition in Clinical Situations”

Sept. 19, 2025

Le Bonheur Children's Hospital
Memphis, Tenn.



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Children's Hospital

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Presented by the Department of Nutrition Therapy at Le Bonheur and the
Division of Pediatric Gastroenterology, Hepatology and Nutrition at
Le Bonheur and the University of Tennessee Health Science Center

COURSE DESCRIPTION

This course is a multidisciplinary approach to the comprehensive nutrition care of pediatric patients. The purpose is to share a foundation of knowledge and skill to provide evidence-based nutrition care within the scope of multiple health care disciplines. Attendees will learn the nutrition interventions for infants, children and adolescents with a variety of common diseases. The course will focus on the nutrition management of various diseases by organ system. A special focus will also be on some of the current issues in nutrition in the pediatric patient and what the available literature recommends.

TARGET AUDIENCE

This course is designed for pediatricians, primary care physicians, advanced practice nurses, registered nurses and dietitians.

COURSE DIRECTOR

Mark R. Corkins, MD, CNSC, FASPEN, AGAF, FAAP

Professor, The University of Tennessee Health Science Center
St. Jude Endowed Chair for Excellence in Pediatric
Gastroenterology

Chief, Pediatric Gastroenterology, Hepatology and Nutrition,
Le Bonheur Children's Hospital

KEYNOTE SPEAKER

Enid Martinez, MD

Senior Associate in Critical Care, Boston Children's Hospital
Assistant Director Master of Sciences in Clinical Investigation
Assistant Professor of Anesthesia
Harvard Medical School, Boston, MA

FACULTY

Jessica Balderson, MA, CCC-SLP

Le Bonheur Children's Hospital

Michelle Bowden, MD

Associate Professor of Pediatrics, The University of Tennessee
Health Science Center
Medical Director of Eating Disorder Clinics, Le Bonheur Children's Hospital

Kelly Green Corkins, MS, RD, CNSC, LDN, FAND, FASPEN

Le Bonheur Children's Hospital

Jill Crews, M.S., CCC-SLP

Le Bonheur Children's Hospital

Stephanie Davenport, DO

Pediatric Gastroenterology Fellow, Le Bonheur Children's Hospital

Price Edwards, MD

Assistant Professor, Pediatric Gastroenterology
The University of Tennessee Health Science Center
Le Bonheur Children's Hospital

Caroline Hambuchen, MS, RD, LD

Clinical Dietitian, Le Bonheur Children's Hospital

Margaret Colleen Hastings, MD

Associate Professor, Department of Medicine & Pediatrics
Division of Nephrology, Le Bonheur Children's Hospital

Shiloh Lancaster, MS, RDN, CSPCC, LD

Clinical Dietitian, Le Bonheur Children's Hospital

FACULTY DISCLOSURE

As a provider accredited by The Accreditation Council for Continuing Medical Education (ACCME), Methodist Le Bonheur Healthcare must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director, planning committee, faculty and all others who are in a position to control the content of this educational activity are required to disclose all relationships with ineligible companies.

Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these financial relationships or absence of relevant financial relationships will be disclosed to the audience.

OBJECTIVES

Upon completion of this course, the participant should be able:

- Describe the distinct effects from fiber on stool frequency
- Identify dietary changes that may help constipation
- List foods that can increase bowel movement frequency
- Identify currently available nutrient modulars for pediatric patients
- Identify specific nutritional concerns and patient populations that require or would benefit from addition of modulars to optimize nutrition
- Identify barriers and risks to obtaining and administering nutrition modulars
- Recognize common indications and contraindications for use in different modular classes and methods of administration
- Describe etiology, progression, and prognosis of pediatric chronic kidney disease (CKD).
- Identify sequelae, treatment, and treatment goals for children with chronic kidney disease.
- Explain the clinical practice recommendations from the Pediatric Renal Task Force for nutrition assessment and diet management in pediatric chronic kidney
- Review nutrition goals, particularly enteral nutrition, in pediatric critical illness
- Review challenges in achieving optimal nutrition goals
- Review strategies to identify enteral nutrition intolerance and providing enteral nutrition in pediatric critical illness
- Describe key developmental milestones in oral feeding from birth to 36 months including expected motor, sensory and oral-motor skills
- Identify clinical red flags that warrant referral for feeding evaluation and interdisciplinary support within early intervention
- Apply culturally responsive and family-centered strategies to support feeding development in diverse home and caregiving environments
- Identify patients at risk for refeeding syndrome using clinical history, physical exam, and laboratory findings.
- Describe the pathophysiology and complications of refeeding syndrome, including electrolyte shifts and organ dysfunction.
- Outline evidence-based strategies for safely initiating and advancing nutrition, including monitoring protocols and indications for inpatient management.
- Describe history and process for regulating nutrient content in infant formulas
- Realize the limitations and concerns about heavy metals in infant feedings
- Communicate the current data about when to start solid feedings in infants

CONFERENCE SITE

The conference will be held at Le Bonheur Children's Hospital in the Russell Chesney Auditorium at 50 N Dunlap St., Memphis, TN 38103.

Virtual attendance via Zoom teleconference is also available.

Free guest parking is available at 130 N. Manassas St.

ACCREDITATION

Methodist Le Bonheur Healthcare is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians

Methodist Le Bonheur Healthcare is approved as a provider of nursing continuing professional development by The Mississippi Nurses Foundation, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CREDIT

Methodist Le Bonheur Healthcare designates this live activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity

Methodist Le Bonheur Healthcare is approved as a provider of Nursing Continuing Professional Development by The Mississippi Nurses Foundation, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Approved Provider Unit Number: 00305-ED08

7 CEUs pending approval from the Commission on Dietetic Registration.

TUITION

The registration is **\$125** for physicians; **\$75** for nurse practitioners and physician assistants; **\$50** for nurses and dietitians; *Free for residents and fellows. The fee includes breakfast, lunch and breaks. No refunds will be given after **Sept. 5, 2025**. Methodist Le Bonheur Healthcare reserves the right to alter, reschedule or cancel this program.

AGENDA – FRIDAY, SEPT. 19

- 8 a.m. **Welcome**
- 8:15 a.m. **Eat What Moves You: Diet and Constipation**
Price Edwards, MD
- 9:15 a.m. **Special Nutrition for Special Kids: Considerations for the use of Modular Nutrition Supplementals to meet individualized Needs in Pediatrics**
Shiloh Lancaster, RD and Caroline Hambuchen, RD
- 10:15 a.m. **Break**
- 10:30 a.m. **Filtering through the Guidelines: What's good for the kidney beans?**
Colleen Hastings, MD and Kelly Green Corkins, MS, RD, CNSC, LDN, FAND, FASPEN
- 11:30 a.m. **Keynote: To Feed or Not to Feed? Is that still a question?**
Enid Martinez, MD
- 12:30 p.m. **Lunch**
- 1:30 p.m. **From tastes to functional feeding: Early Intervention Introducing and Progressing Solids with Complex Pediatric Feeders**
Jill Crews, SLP and Jessica Balderson M.A, CCC-SLP
- 2:30 p.m. **From Starvation to Stabilization: Managing the Risks of Refeeding**
Stephanie Davenport, DO and Michelle Bowden, MD
- 3:30 p.m. **Break**
- 3:45 p.m. **What Now? Hot Topics Pediatric Nutrition 2025**
Mark R. Corkins, MD
- 4:45 p.m. **Final Comments | Adjourn**

PROGRAM REGISTRATION FORM

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Name: _____

☐ MD ☐ DO ☐ NP ☐ PA ☐ RN ☐ RD ☐ Other: _____

Address: _____

City, State, Zip: _____

Phone: () _____

Specialty: _____

Email address required for CME: _____

NPI #: _____

Symposium Attendance

☐ Virtual ☐ In-Person

Online registration available at
www.lebonheur.org/conference-registration
or mail your completed registration form and fees to:

Methodist Le Bonheur Healthcare
Gastroenterology and Nutrition Symposium
251 S. Claybrook St., Suite 512 • Memphis, Tenn. 38104

Method of Payment

☐ Check for \$ _____ enclosed (payable to **Methodist Le Bonheur Healthcare**)

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Memphis, Tennessee 38103