3rd ANNUAL
Le Bonheur Pediatric Nutrition Symposium
Live Stream Event
Friday, September 25, 2020
Le Bonheur Children’s Hospital
Memphis, Tennessee
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Le Bonheur Children’s Hospital • Memphis, Tennessee

Presented by the Department of Nutrition Therapy and the Division of Pediatric Gastroenterology, Hepatology, and Nutrition at Le Bonheur and UTHSC Division

COURSE DESCRIPTION
This course is a multidisciplinary approach to the comprehensive nutrition assessment of the pediatric patient. The purpose is to provide a foundation of knowledge and skill to provide evidence based nutrition care within the scope of each key healthcare discipline. All attendees will learn the nutrition needs of infants, children, and adolescents as well as how to identify malnutrition in the pediatric patient, including nutrition focused physical examination. This year’s symposium will focus on the nutrition management of the obese pediatric patient, including bariatric surgery.

TARGET AUDIENCE
This course is designed for pediatricians, primary care physicians, advanced practice nurses, speech language pathologists, registered nurses and dietitians.

COURSE CO-DIRECTORS
Anushree Algotar, MBBS, MPH
Kelly Green Corkins, MS, RD-AP, CSP, LDN, FAND
Annebel Dahlberg, MPH, RN
Lindsey Lee, MS, RD, CSP, LDN
Melissa O’Brien, MS, RD, CSP, LDN, CLS
Nichole Reed, RDN, LDN
Anna Tuttle, MS, RD, LDN, CNSC
Lindsay Walsh, MS, RD, CSP, LDN
FACULTY

Amber Bonner, MS, CCC-SLP
Speech-Language Pathologist, Inpatient Rehabilitation, Le Bonheur Children’s Hospital

Michelle Bowden, MD
Assistant Professor, Department of Pediatrics, University of Tennessee Health Science Center
Le Bonheur Children’s Hospital

Hillary Carden, MOT, OTR/L
Occupational Therapist, Le Bonheur Early Interventional and Development (LEAD)
Le Bonheur Children’s Hospital

Cary Cavender, MD
Associate Professor, Department of Pediatric Gastroenterology, University of Tennessee Health Science Center
Le Bonheur Children’s Hospital

Mark R. Corkins, MD, CNSC, FASPEN, AGAF, FAAP
Professor, Department of Pediatric Gastroenterology, University of Tennessee Health Science Center
Division Chief, Department of Pediatric Gastroenterology, Le Bonheur Children’s Hospital

Michelle Esposito, RD, CSP, LDN, CNSC
Clinical Dietitian, Department of Nutrition Therapy, Le Bonheur Children’s Hospital

James Murphy, PhD
Professor, Department of Psychology, University of Memphis

Melissa O’Brien, MS, RD, CSP, LDN, CLS
Clinical Dietitian, Department of Nutrition Therapy
Le Bonheur Children’s Hospital

Sarah Pulliam, FNP-C
Family Nurse Practitioner, AM Diabetes and Endocrinology Center

Nichole Reed, RDN, LDN
Clinical Dietitian, Healthy Lifestyle Clinic, Le Bonheur Children’s Hospital

Ying Weatherall, MD, FACS, FAAP
Associate Program Director, Pediatric Surgery Fellowship
Assistant Professor, Departments of Surgery and Pediatrics, University of Tennessee Health Science Center
Surgical Director, Healthy Lifestyle Clinic and Adolescent Bariatric Surgery Program
Director, Burn Task Force
Le Bonheur Children’s Hospital

Joan C. Han, MD
Associate Professor, Department of Pediatric Endocrinology, University of Tennessee Health Science Center
Director, Pediatric Obesity Program, Le Bonheur Children’s Hospital

LeeAnne McDonald, MS, RD, CNSC
Adjunct Professor, Principles of Nutrition, Itawamba Community College
Clinical Dietitian, Department of Nutrition Therapy, Le Bonheur Children’s Hospital
FACULTY DISCLOSURE
As a provider accredited by ACCME, Methodist Healthcare must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director, planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity.

Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

OBJECTIVES
Upon completion of this course, the participant should be able to:

• Identify the basic nutrition needs of infants, children, and adolescents as well as special nutrition-related considerations for sub-specialty pediatric populations.
• Gain both the knowledge and skills necessary for the comprehensive nutrition assessment of the pediatric patient, including nutrition-focused physical examination.
• Advocate for a multidisciplinary approach to effective, evidence-based nutrition care of the pediatric patient.
• Identify the role of nutrition in the management of various pediatric gastrointestinal illnesses.

ACCREDITATION
Methodist Le Bonheur Healthcare is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT
Methodist Le Bonheur Healthcare designates this live activity for a maximum of 8.00 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Methodist Le Bonheur Healthcare is an approved provider of nursing continuing education by the Tennessee Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Methodist Le Bonheur Healthcare approves this event for a maximum of 8.0 CNE Contact Hours. Continuing Education Provider: #270842022

ASHA Credit: This program is offered for up to 0.80 ASHA CEUs (Various Levels, Professional Area).

ASHA Disclosures: https://drive.google.com/file/d/1MY39DBbD47xzwN1CPaZoZXh3s8jE_djO/view?usp=sharing
FRIDAY, SEPTEMBER 25, 2020

8:00 a.m. The Pediatric Lifecycle: Nutrition for Infants, Pediatrics and Adolescents
Melissa O’Brien, MS, RD, CSP, LDN, CLS

9:00 a.m. Infant and Child Formulas
LeeAnne McDonald, MS, RD, CNSC

10:00 a.m. Body Composition Analysis - A Tool for Assessment of Nutritional Status
- Anushree Algator, MBBS, MPH
- and Kelly Green Corkins, MS, RD-AP, CSP, LDN, FAND

11:00 a.m. Pediatric Obesity
- Joan C. Han, MD

12:30 p.m. Breakout 1: Bariatric Surgery in Adolescents: Surgical and Nutritional Overview
- Nichole Reed, RDN, LDN
- and Ying Weatherall, MD, FACS, FAAP

Breakout 2: Common Sensory Feeding Issues in Infants and Children
- Amber Bonner, MS, CCC-SLP
- and Hillary Carden, MOT, OTR/L

1:15 p.m. Breakout 1: The Ups & Downs of Reflux and Dysmotility in Pediatric Obesity
- Cary Cavender, MD

Breakout 2: Does your patient have an eating disorder?
- Michelle Bowden, MD and Michelle Esposito, RD, CSP, LDN, CNSC

2:00 p.m. Breakout 1: Modern Therapies in Insulin Resistance
- Sarah Pulliam, FNP-C

Breakout 2: Diet Fads and Facts
- Mark R. Corkins, MD, CNSC, FASPEN, AGAF, FAAP

2:45 p.m. Breakout 1: Exploring and Addressing Food Insecurity in the Healthcare Setting
- Nichole Reed, RDN, LDN

Breakout 2: Low FODMAP Diet Basics
- Anna Tuttle, MS, RD, LDN, CNSC

3:45 p.m. Behavioral Economic Approaches to Facilitating Health Behavior Change
- James Murphy, PhD

4:45 p.m. Q & A

Adjourn

* Please note, only the live stream sessions are eligible for credit. Pending CDR approval for 9 CPEUs for Registered Dietitians.
TUITION
The fee is $50 for Professionals (RD, MD, RN, NP, PharmD, SLP) and $25 for students. All registrants will have access to the recorded webinar after the conference.

Group registrations require name and email. If you need to register a group and do not have their personal email, please email Lindsay Walsh (Lindsay.Walsh@lebonheur.org) for payment options and registration code to allow your group members to register individually.

CONFERENCE SITE
Live Stream
Le Bonheur Children’s Hospital • Memphis, Tennessee 38103

CONTACT US
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E-mail: Lindsay.Walsh@lebonheur.org
events.lebonheur.org/PNS2020
Facebook: www.facebook.com/LeBonheurPNS
PROGRAM REGISTRATION FORM

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Name: ________________________________________________________
☐ M.D.  ☐ DO  ☐ NP  ☐ PA  ☐ RN  ☐ RD  ☐ Other: _____________

Address: _______________________________________________________

City, State, Zip: _________________________________________________

Phone: (                     ) ________________________________

Specialty: _____________________________________________________

Email address required for CME: _________________________________

On-line registration available at
https://events.lebonheur.org/pns2020
or mail or fax your completed registration form and fees to:
Methodist Le Bonheur Healthcare
Pediatric Nutrition Symposium
PO Box 41817 • Memphis, TN 38174-1817
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