Physician Orders ADULT: Adrenal Insufficiency (Cosyntropin Stimulation Test) Plan

Adrenal Insufficiency (Cosyntropin Stimulation Test) Plan

Patient Care

- Cosyntropin Stimulation Test - Nsg Comm
  T;N
  Comments: PRE COSYNTROPIN ADMINISTRATION Instructions-Prior to cosyntropin administration, notify lab/phlebotomist for your area that this test has been ordered; Ensure baseline ACTH and cortisol levels have been drawn before administering cosyntropin

- Cosyntropin Stimulation Test - Nsg Comm
  T;N
  Comments: PRE COSYNTROPIN ADMINISTRATION Instructions-When cosyntropin medication is administered, notify lab of need for further blood draws: the first post cortisol level should be drawn 30 minutes after med administered and the second post cortisol level (if ordered) should be drawn 60 minutes after med administered.

Medications

- cosyntropin
  0.25 mg, Injection, IV Push, once, Routine, ( infuse over 2 min )
  Comments: Give after baseline ACTH and cortisol level have been drawn

Laboratory

- ACTH Level
  STAT, T;N, once, Type: Blood, Collection Comment: Prior to cosyntropin admin
  Comments: Draw prior to cosyntropin administration

- Cortisol Level
  STAT, T;N, once, Type: Blood, Collection Comment: Prior to cosyntropin admin
  Comments: Draw prior to cosyntropin administration

- Cortisol Level
  Time Study, T;N+30, once, Type: Blood, Collection Comment: RN to call with med time
  Comments: Nurse notify lab immediately of need lab draw cortisol level 30 minutes after Cosyntropin 0.25mg administered.

- Cortisol Level
  Time Study, T;N+60, once, Type: Blood, Collection Comment: RN to call with med time
  Comments: Nurse notify lab immediately of need lab draw cortisol level 60 minutes after Cosyntropin 0.25mg administered.

Date ____________________________ Time ____________________________ Physician’s Signature ____________________________ MD Number ____________________________

*Report Legend:
DEF - This order sentence is the default for the selected order
GOAL - This component is a goal
IND - This component is an indicator
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INT - This component is an intervention
IVS - This component is an IV Set
NOTE - This component is a note
Rx - This component is a prescription
SUB - This component is a sub phase, see separate sheet
R-Required order