Physician Orders ADULT: Hyperkalemia Observation Plan

Initiate Orders Phase
Care Sets/Protocols/PowerPlans
☐ Initiate Powerplan Phase
  
  T;N, Phase: Hyperkalemia Observation Phase, When to Initiate:____________________

Hyperkalemia Observation Phase
Admission/Transfer/Discharge
  
  ☑ Patient Status Initial Outpatient
  
  T;N, Attending Physician:_____________________________________________________

  Reason for Visit:____________________________________________________________

  Bed Type: ___________ Specific Unit: ___________________________________________

  Outpatient Status/Service: OP-OBSERVATION Services

Vital Signs
  
  ☑ Vital Signs
  
  T;N, Monitor and Record T,P,R,BP, q4h(std)

  ☐ Neurochecks
  
  T;N, q4h(std), x 24hrs

Activity
  
  ☐ Bedrest
  
  T;N

  ☐ Bedrest w/BRP
  
  T;N

  ☐ Ambulate
  
  T;N, With Assistance

Food/Nutrition
  
  ☐ NPO
     
     Start at: T;N

  ☐ Clear Liquid Diet
     
     Start at: T;N

  ☐ Regular Adult Diet
     
     Start at: T;N

  ☐ Consistent Carbohydrate Diet
     
     Start at: T;N, Caloric Level: 1800 Calorie, Insulin: [ ] No Insulin [ ] Short Acting
     [ ] Intermediate [ ] Long Acting [ ] Short and Intermediate [ ] Short and Long;

     Renal Patient: [ ] No [ ] Yes, on dialysis [ ] Yes, not on dialysis

  ☐ Combination Diet
     
     Start at: T;N

Patient Care
  
  ☑ Intermittent Needle Therapy Insert/Site Care
     
     T;N, Stat, q4day

  ☑ Telemetry
Physician Orders ADULT: Hyperkalemia Observation Plan

☐ T;N, Routine
☐ O2 Sat Monitoring NSG
  T;N, q-shift
☐ Weight
  T;N, Stat
☐ Intake and Output
  T;N, q-shift
☑ Instruct/Educate
  T;N, Instruct: Patient/Family, Method: Provide Pamphlet, Topic: Observation Services

Respiratory Care
☐ ISTAT Blood Gases (RT Collect)
  T;N Stat once
☐ Nasal Cannula
  T;N, 2 L/min, Special Instructions: Titrate to keep O2 Sat \(\geq\) 92%

Continuous Infusion
☐ Sodium Chloride 0.9% Bolus
  500 mL, IV Piggyback, once, STAT, 1,000 mL/hr
☐ Sodium Chloride 0.9%
  1,000 mL, IV, STAT, 75 mL/hr
☐ Sodium Chloride 0.45%
  1,000 mL, IV, STAT, 75 mL/hr
☐ Dextrose 5% with 0.45% NaCl
  1,000 mL, IV, STAT, 75 mL/hr

Medications
  Discontinue any oral and IV potassium supplements; Potassium sparing diuretics, ACEI, Beta blockers and NSAIDS (NOTE)*
☐ +1 Hours albuterol
  ☐ 2.5 mg, Inh Soln, NEB, once, STAT (DEF)*
  ☐ 10 mg, Inh Soln, NEB, once, STAT
☐ +1 Hours calcium gluconate
  1 g, IV Piggyback, IV Piggyback, once, STAT
☐ +1 Hours calcium chloride
  350 mg, IV Piggyback, IV Piggyback, once, STAT
☐ +1 Hours sodium bicarbonate
  ☐ 100 mEq, Injection, IV Push, once, STAT (DEF)*
  ☐ 650 mg, Tab, PO, bid
☐ +1 Hours sodium polystyrene sulfonate
  ☐ 30 g, Oral Susp, PO, once, STAT (DEF)*
  ☐ 50 g, PR, once, STAT
Physician Orders ADULT: Hyperkalemia Observation Plan

Comments: Retain for 30-60 min. Irrigate with tap water after enema to prevent necrosis.

- **+1 Hours** regular insulin
  - 10 units, Injection, IV Push, once, STAT

- Nursing Communication
  - T;N, HYPERKALEMIA INSTRUCTIONS Place Order for repeat Serum K+ 3 hours after administration of Sodium polystyrene sulfonate (po or retention enema)

- Insulin SENSITIVE Sliding Scale Plan(SUB)*

- Insulin STANDARD Sliding Scale Plan(SUB)*

- Insulin RESISTANT Sliding Scale Plan(SUB)*
  - If ordering regular insulin, should also order Dextrose D50 below:(NOTE)*

- **+1 Hours** Dextrose 50% in water Syringe
  - 50 mL, Injection, IV Push, once, STAT

Laboratory

- If not ordered in the last 24 hours, place order for CBC, CMP and Magnesium below:(NOTE)*
  - CBC
    - STAT, T;N, once, Type: Blood, Nurse Collect
  - CMP
    - STAT, T;N, once, Type: Blood, Nurse Collect
  - Magnesium Level
    - STAT, T;N, once, Type: Blood, Nurse Collect
  - Potassium Level
    - STAT, T;N, once, Type: Blood, Nurse Collect
  - Calcium Level
    - STAT, T;N, once, Type: Blood, Nurse Collect
  - Lactate Level
    - STAT, T;N, once, Type: Blood, Nurse Collect
  - Osmolality Serum
    - STAT, T;N, once, Type: Blood, Nurse Collect
  - Urinalysis w/Reflex Microscopic Exam
    - STAT, T;N, once, Type: Urine, Nurse Collect
  - Urinalysis
    - STAT, T;N, once, Type: Urine, Nurse Collect
  - Osmolality Urine
    - STAT, T;N, once, Type: Urine, Nurse Collect
  - Myoglobin Urine Qualitative
    - STAT, T;N, once, Type: Urine, Nurse Collect
  - Myoglobin Urine Quantitative
    - STAT, T;N, once, Type: Urine, Nurse Collect

If possibility of pregnancy, order one below:(NOTE)*
Physician Orders ADULT: Hyperkalemia Observation Plan

- Pregnancy Screen Serum
  **STAT, T;N, once, Type: Blood, Nurse Collect**
- Pregnancy Screen Urine Point of Care
  **T;N, Stat, once**

**Diagnostic Tests**
- Electrocardiogram
  **Start at: T;N, Priority: Stat, Reason: Other, specify, Reason: Hyperkalemia**
  **Comments: Reason: Hyperkalemia**

**Consults/Notifications/Referrals**
- Notify Physician-Once
  **T;N, of room number on arrival to unit**
- Pharmacy Consult
  **Start at: T;N, Reason: Review and Discontinue any medication that may cause or exacerbate Hyperkalemia**
- Physician Consult
  **T;N**
- Physician Consult
  **T;N**
- Notify Physician-Continuing
  **T;N, For HR <50 or >120, BP <90/60 or > 180/110, R <12 or > 28, T > 101.5, neuro changes**
- Case Management Consult
  **T;N Routine, Reason: Discharge Planning**
- Case Management Consult
  **T;N Routine, Reason: Home Care**

Date __________________ Time ___________________________ Physician’s Signature ___________________________ MD Number ___________________________

*Report Legend:
DEF - This order sentence is the default for the selected order
GOAL - This component is a goal
IND - This component is an indicator
INT - This component is an intervention
IVS - This component is an IV Set
NOTE - This component is a note
Rx - This component is a prescription
SUB - This component is a sub phase, see separate sheet
R - Required order