



Physician Orders ADULT: Hyperkalemia Observation Plan

Initiate Orders Phase

Care Sets/Protocols/PowerPlans

- Initiate Powerplan Phase
T;N, Phase: Hyperkalemia Observation Phase, When to Initiate:

Hyperkalemia Observation Phase

Admission/Transfer/Discharge

- Patient Status Initial Outpatient
T;N, Attending Physician:
Reason for Visit:
Bed Type: Specific Unit:
Outpatient Status/Service: OP-OBSERVATION Services

Vital Signs

- Vital Signs
T;N, Monitor and Record T,P,R,BP, q4h(std)
Neurochecks
T;N, q4h(std), x 24hrs

Activity

- Bedrest
T;N
Bedrest w/BRP
T;N
Ambulate
T;N, With Assistance

Food/Nutrition

- NPO
Start at: T;N
Clear Liquid Diet
Start at: T;N
Regular Adult Diet
Start at: T;N
Consistent Carbohydrate Diet
Start at: T;N, Caloric Level: 1800 Calorie, Insulin: [] No Insulin [] Short Acting [] Intermediate [] Long Acting [] Short and Intermediate [] Short and Long;
Renal Patient:[] No [] Yes, on dialysis [] Yes, not on dialysis
Combination Diet
Start at: T;N

Patient Care

- Intermittent Needle Therapy Insert/Site Care
T;N, Stat, q4day
Telemetry





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- T;N, Routine*
- O2 Sat Monitoring NSG
T;N, q-shift
- Weight
T;N, Stat
- Intake and Output
T;N, q-shift
- Instruct/Educate
T;N, Instruct: Patient/Family, Method: Provide Pamphlet, Topic: Observation Services

Respiratory Care

- ISTAT Blood Gases (RT Collect)
T;N Stat once
- Nasal Cannula
T;N, 2 L/min, Special Instructions: Titrate to keep O2 Sat >/=92%

Continuous Infusion

- Sodium Chloride 0.9% Bolus
500 mL, IV Piggyback, once, STAT, 1,000 mL/hr
- Sodium Chloride 0.9%
1,000 mL, IV, STAT, 75 mL/hr
- Sodium Chloride 0.45%
1,000 mL, IV, STAT, 75 mL/hr
- Dextrose 5% with 0.45% NaCl
1,000 mL, IV, STAT, 75 mL/hr

Medications

Discontinue any oral and IV potassium supplements; Potassium sparing diuretics, ACEI, Beta blockers and NSAIDS(NOTE)*

- +1 Hours** albuterol
 - 2.5 mg, Inh Soln, NEB, once, STAT (DEF)**
 - 10 mg, Inh Soln, NEB, once, STAT*
- +1 Hours** calcium gluconate
1 g, IV Piggyback, IV Piggyback, once, STAT
- +1 Hours** calcium chloride
350 mg, IV Piggyback, IV Piggyback, once, STAT
- +1 Hours** sodium bicarbonate
 - 100 mEq, Injection, IV Push, once, STAT (DEF)**
 - 650 mg, Tab, PO, bid*
- +1 Hours** sodium polystyrene sulfonate
 - 30 g, Oral Susp, PO, once, STAT (DEF)**
 - 50 g, PR, once, STAT*





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Comments: Retain for 30-60 min. Irrigate with tap water after enema to prevent necrosis.

- +1 Hours** regular insulin
10 units, Injection, IV Push, once, STAT
- Nursing Communication
T;N, HYPERKALEMIA INSTRUCTIONS Place Order for repeat Serum K+ 3 hours after administration of Sodium polystyrene sulfonate (po or retention enema)
- Insulin SENSITIVE Sliding Scale Plan(SUB)*
- Insulin STANDARD Sliding Scale Plan(SUB)*
- Insulin RESISTANT Sliding Scale Plan(SUB)*
If ordering regular insulin, should also order Dextrose D50 below:(NOTE)*
- +1 Hours** Dextrose 50% in water Syringe
50 mL, Injection, IV Push, once, STAT

Laboratory

If not ordered in the last 24 hours, place order for CBC, CMP and Magnesium below:(NOTE)*

- CBC
STAT, T;N, once, Type: Blood, Nurse Collect
 - CMP
STAT, T;N, once, Type: Blood, Nurse Collect
 - Magnesium Level
STAT, T;N, once, Type: Blood, Nurse Collect
 - Potassium Level
STAT, T;N, once, Type: Blood, Nurse Collect
 - Calcium Level
STAT, T;N, once, Type: Blood, Nurse Collect
 - Lactate Level
STAT, T;N, once, Type: Blood, Nurse Collect
 - Osmolality Serum
STAT, T;N, once, Type: Blood, Nurse Collect
 - Urinalysis w/Reflex Microscopic Exam
STAT, T;N, once, Type: Urine, Nurse Collect
 - Urinalysis
STAT, T;N, once, Type: Urine, Nurse Collect
 - Osmolality Urine
STAT, T;N, once, Type: Urine, Nurse Collect
 - Myoglobin Urine Qualitative
STAT, T;N, once, Type: Urine, Nurse Collect
 - Myoglobin Urine Quantitative
STAT, T;N, once, Type: Urine, Nurse Collect
- If possibility of pregnancy, order one below:(NOTE)*





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- Pregnancy Screen Serum
STAT, T;N, once, Type: Blood, Nurse Collect
- Pregnancy Screen Urine Point of Care
T;N, Stat, once

Diagnostic Tests

- Electrocardiogram
Start at: T;N, Priority: Stat, Reason: Other, specify, Reason: Hyperkalemia
Comments: Reason: Hyperkalemia

Consults/Notifications/Referrals

- Notify Physician-Once
T;N, of room number on arrival to unit
- Pharmacy Consult
Start at: T;N, Reason: Review and Discontinue any medication that may cause or exacerbate Hyperkalemia
- Physician Consult
T;N
- Physician Consult
T;N
- Notify Physician-Continuing
T;N, For HR <50 or >120, BP <90/60 or > 180/110, R <12 or > 28, T > 101.5, neuro changes
- Case Management Consult
T;N Routine, Reason: Discharge Planning
- Case Management Consult
T;N Routine, Reason: Home Care

Date	Time	Physician's Signature	MD Number
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***Report Legend:**

- DEF - This order sentence is the default for the selected order
- GOAL - This component is a goal
- IND - This component is an indicator
- INT - This component is an intervention
- IVS - This component is an IV Set
- NOTE - This component is a note
- Rx - This component is a prescription
- SUB - This component is a sub phase, see separate sheet
- R-Required order

