



attach patient label

Physician Orders ADULT Order Set: Plastic Surgery Free Flap Post Operative Plan

Related Order Sets:

[R] = will be ordered

T= Today; N = Now (date and time ordered)

Height: _____ cm Weight: _____ kg

Allergies:		<input type="checkbox"/> No known allergies
<input type="checkbox"/> Latex allergy	<input type="checkbox"/> Other: _____	
Admission/Transfer/Discharge		
<input type="checkbox"/>	Patient Status Change	T;N
<input type="checkbox"/>	Transfer Pt within current facility	T;N
Activity		
<input type="checkbox"/>	Bedrest	T;N, Routine
<input type="checkbox"/>	Ambulate	T;N, As Tolerated
Food/Nutrition		
<input type="checkbox"/>	NPO	T;N, thru POD 1
<input type="checkbox"/>	Clear Liquid Diet	T;N, Adult (>18 years), No caffeinated beverages, start on POD 2, then advance as tolerated
<input type="checkbox"/>	Food Preferences	T;N, No Caffeine until POD 5
Patient Care		
<input type="checkbox"/>	IV Discontinue When Tolerating PO	T;N, Peripheral IV saline lock when PO intake is greater than 600 mL/day
<input type="checkbox"/>	Smoking Cessation Advise/Counseling	T;N, Provide teaching materials and document
<input type="checkbox"/>	Weight Bearing Status	T;N, Full weight bearing
<input type="checkbox"/>	Position Patient	T;N, Beach Chair position, knees flexed at all times with microturns every 2hrs.
<input type="checkbox"/>	Flap Checks	T;N, Routine, q1h(std) For 48 hr, Special Instructions: Leave Cooks-Swartz probe signal monitor turned on continuously. Hand held doppler checks for color changes every hour for the first 48 hours.
<input type="checkbox"/>	Flap Checks	T+1, Routine, q4h(std) For 4 day, Special Instructions: Hand held doppler checks for color changes every 4 hours thru POD 5.
<input type="checkbox"/>	Flap Checks	T;N, Routine, q8h(std) for 7 days Special Instructions: Hand held doppler checks for color changes every 8 hours until discharged.
<input type="checkbox"/>	Remove Foley	T;N for 3 days Routine, Special Instructions: d/c morning of POD 2.
<input type="checkbox"/>	Vacuum Assisted closure Device apply	T;N, Routine, Qday, maintain settings at 75mmHg, continuous therapy
<input type="checkbox"/>	Wound Drain Care	T;N, Action: Charge, Suction Type: Bulb, strip every 4 hours
<input type="checkbox"/>	Cough and Deep Breathe	T;N, Routine, q2h-Awake, For 48 hr
<input type="checkbox"/>	Intake and Output	T;N, Routine, q4h(std)
<input type="checkbox"/>	Daily Weights	T+1, 0600, Routine, q24h
Nursing Communication		
<input type="checkbox"/>	Nursing Communication	T;N, No tobacco or nicotine products.
<input type="checkbox"/>	Nursing Communication	T;N, Discontinue PCA when patient is tolerating oral intake of 600ml/day or more without nausea
Respiratory Care		
<input type="checkbox"/>	Oxygen Saturation-continuous Monitoring (RT)	T;N, Special Instructions: Continuous Monitoring while on PCA





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Continuous Infusion		
[]	Sodium Chloride 0.9%	1000mL, IV, Routine, 125 mL/hr, Order Comments: start after current bag finished
[]	Lactated Ringers	1000ml, IV, Routine, _____ ml/hr
Medications		
[]	Acetaminophen	975mg, Tab, PO, q6h, Pain, Mild (1-3), Routine, Order Comments: May give Per Rectum or Per Tube . PO route preferred.
[]	acetaminophen	975mg, LIQ, Tube, q6h, Pain, Mild (1-3), Routine, Order Comments: Give if unable to tolerate PO.
[]	acetaminophen	650mg, Supp, PR, q6h, Pain, Mild (1-3), Routine, Order Comments: Give if unable to tolerate PO or Tube.
[]	oxyCODONE	5mg, Tab, PO, q4h, PRN Pain, Moderate (4-7), Order Comments: Use when oral intake is greater than 600 mL/day without nausea and IV PCA discontinued
[]	oxyCODONE	10mg, Tab, PO, q4h, PRN Pain, Severe (8-10), Order Comments: Use when oral intake is greater than 600 mL/day without nausea and IV PCA discontinued
[]	Nursing Communication	If PCA is ordered do not start until after two doses of narcotic IV Push have been administered.
[]	PCA - MorPHINE Protocol Plan (Adult)	
[]	PCA - HYDRomorphone Protocol Plan (Adult)	
[]	docusate-senna 50mg-8.6 mg oral tablet	2 tab, Tab, PO, hs, Routine, Order Comments: Hold for diarrhea
[]	bisacodyl	10mg, Supp, PR, Qday, PRN constipation, Routine
NOTE: Select ONE order for sedation below:		
[]	traZODone	50mg, Tab, PO, hs, PRN Sleep, Routine
[]	zolpidem	5mg, Tab, PO, hs, PRN Insomnia, Routine
[]	ceFAZolin	2g, IV Piggyback, IV Piggyback, q8h, Routine, (for 2 doses), Order Comments: Start within 8 hours of last dose, Use for patients less 120 kg.
Note: If patient greater than 120kg, give dose below:		
[]	ceFAZolin	3g, IV Piggyback, IV Piggyback, q8h, Routine, (for 2 doses), Order Comments: Start within 8 hours of last dose, Use for patients 120kg or greater.
[]	Vancomycin	15mg/kg, Injection, IV Piggyback, Once , Routine
[]	Aspirin	81mg, DR Tablet, PO, Qday, Routine, Start POD 1
[]	VTE Surgical Prophylaxis Plan	
Consults/Notifications		
[]	Notify Physician For Vital Signs Of	T;N, Notify: Plastics, BP Systolic >180, BP Systolic <90, Celsius Temp >38.5, Heart Rate >120, Heart Rate < 50, Urine Output <30ml/hr X2 consecutive hr
[]	Notify Physician-Continuous	T;N, change in flap color or flap signal, enter 911 at end of call back number. Allow 10 minutes for service to call back then call the attending.

DateTimePhysician's SignatureMD Number