Physician Orders ADULT: Head and Neck Postoperative Plan

Initiate Orders Phase
Care Sets/Protocols/PowerPlans
- Initiate Powerplan Phase
  T;N, Phase: Head and Neck Postoperative Phase, When to Initiate:____________________

Head and Neck Post Operative Phase
Vital Signs
- Vital Signs
  T;N, Monitor and Record T,P,R,BP, per postop routine special instructions: P, R, BP q 30 minutes x2, then q 1 hour x2, then q4hr x24 hours. Temp q4hr.

Activity
- Bedrest
  T;N, Routine
- Activity As Tolerated
  T;N
- Up To Chair
  T;N

Food/Nutrition
- NPO
  Start at: T;N
- Clear Liquid Diet
  Start at: T;N, Adult (>18 years)
- Full Liquid Diet
  Start at: T;N, Adult (>18 years)
- GI Soft Diet
  Start at: T;N
- Regular Diet
  Start at: T;N
- AHA Diet
  Start at: T;N, Adult (>18 years)
- Renal Diet Not On Dialysis
  Start at: T;N, Adult (>18 years)
- Renal Diet On Dialysis
  Start at: T;N
- Consistent Carbohydrate Diet
  Start at: T;N, 1800 Calorie
- Tube Feeding Continuous/Int Plan(SUB)*
- Tube Feeding Titrate Plan(SUB)*
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☐ Tube Feeding Bolus Plan(SUB)*

**Patient Care**

- Drain Care
  - T;N, Jackson-Pratt(s) to bulb suction
- Drain Care
  - T;N, q-shift, charge, PJP Drains-empty and recharge and record output
- Elevate Head Of Bed
  - T;N, 30 degrees
- Foley Care
  - T;N
- Incentive Spirometry NSG
  - T;N, q1h-Awake
- O2 Sat Continuous Monitoring NSG
  - T;N
- Trach Care
  - T;N, Change inner cannula q 12 hrs/prn, if obstructed
- Trach Care
  - T;N, Keep same size Trach and smaller size Trach at bedside
- Trach Care
  - T;N, Do not change trach ties unless okay with MD
- Trach Care
  - T;N, Place obturator at head of bed
- Trach Care
  - T;N, q8h(std)
- Suction Patient
  - T;N, q2h(std), Suctioning Type: Trach
- Suction Patient
  - T;N, prn, PRN
- Nursing Communication
  - T;N, q12h, clean the stoma under trach flange with Q-tips/gauze soaked in NS
- Mouth Care
  - T;N, Routine, Clean oral cavity with antiseptic oral care kit
- Accucheck Nsg
  - T;N, q6h(std)

**Respiratory Care**

- O2-BNC
  - T;N, 2 L/min
- O2-Trach Collar
  - T;N

**Continuous Infusion**

- D5 1/2 NS KCl 20 mEq/L
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1,000 mL, IV, 100 mL/hr

☐ D5 1/2NS
1,000 mL, IV, 100 mL/hr

☐ Sodium Chloride 0.9%
1,000 mL, IV, 100 mL/hr

☐ Sodium Chloride 0.45%
1,000 mL, IV, 100 mL/hr

Medications
- VTE SURGICAL Prophylaxis Plan(SUB)*
- PCA - MorPHINE Protocol Plan (Adult)(SUB)*
- PCA - HYDROmorphone Protocol Plan (Adult)(SUB)*
- Insulin SENSITIVE Sliding Scale Plan(SUB)*
- Insulin STANDARD Sliding Scale Plan(SUB)*
- Insulin RESISTANT Sliding Scale Plan(SUB)*

Please enter the Start Time on the antibiotic orders below based on time of preop dose(NOTE)*

If antibiotics are being continued for greater than 24 hrs, please document your reason(NOTE)*

☐ +1 Hours ceFAZolin
   2 g, Injection, IV Piggyback, once
   Comments: Time dose 8 hours after pre op dose

   If patient has penicillin or cephalosporin allergy place BOTH orders below(NOTE)*

☐ +1 Hours clindamycin
   600 mg, IV Piggyback, IV Piggyback, once
   Comments: Time dose 8 hours after the pre op dose

AND(NOTE)*

☐ +1 Hours gentamicin
   2 mg/kg, Injection, IV Piggyback, once
   Comments: Time dose 12 hours after the pre op dose

☐ +1 Hours ondansetron
   4 mg, Injection, IV Piggyback, q6h, PRN Nausea/Vomiting

☐ +1 Hours bacitracin 500 units/g topical ointment
   1 application, Ointment, TOP, bid
   Choose one of the below pain medications for Mild-Moderate pain(NOTE)*

☐ +1 Hours acetaminophen-oxyCODONE 325 mg-5 mg oral tablet
   1 tab, Tab, PO, q4h, PRN Pain, Moderate (4-7)

☐ +1 Hours acetaminophen-HYDROcodone 325 mg-7.5 mg/15 mL oral solution
   0.15 mg/kg, Elixir, PO, q4h, PRN Pain, Moderate (4-7)
   Choose one of the below pain medications for SEVERE pain(NOTE)*

☐ +1 Hours morphine
   1 mg, Injection, IV Push, q2h, PRN Pain, Severe (8-10)
   Comments: hold if RR less than 12

☐ +1 Hours HYDROmorphine
   0.5 mg, Injection, IV Push, q2h, PRN Pain, Severe (8-10)
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Comments: hold if RR less than 12

Laboratory
- CBC
  - Routine, T;N, once, Type: Blood
- BMP
  - Routine, T;N, once, Type: Blood
- Magnesium Level
  - Routine, T;N, once, Type: Blood
- Phosphorus Level
  - Routine, T;N, once, Type: Blood
- Ionized Calcium
  - Routine, T;N, once, Type: Blood
- CBC
  - Routine, T+1;0400, once, Type: Blood
- BMP
  - Routine, T+1;0400, once, Type: Blood
- Magnesium Level
  - Routine, T+1;0400, once, Type: Blood
- Phosphorus Level
  - Routine, T+1;0400, once, Type: Blood
- Ionized Calcium
  - Routine, T+1;0400, once, Type: Blood
- PTH Profile
  - Routine, T;N+240, once, Type: Blood
  *Comments: 4 hours Post op

Diagnostic Tests
- Chest 1VW Frontal
  - T;N, Reason for Exam: Other, Enter in Comments, Stat, Portable
  *Comments: Reason: Post trach(PACU ORDER)
- Chest 1VW Frontal
  - T+1;0800, Reason for Exam: Other, Enter in Comments, Routine
  *Comments: Reason: Status Post trach
- KUB
  - T;N, Reason for Exam: Other, Enter in Comments, Stat, Portable
  *Comments: Reason: NG Tube placement(PACU Order)

Consults/Notifications/Referrals
- Notify Physician For Vital Signs Of
  - T;N, BP Systolic > 180, BP Diastolic > 100, BP Systolic < 100, Celsius Temp > 38.5, Oxygen Sat < 92, Urine Output < 30
- Dietitian Consult/Nutrition Therapy
  - T;N, Type of Consult: Enteral/Tube Feeding
- Speech Therapy Initial Eval and Tx
# Physician Orders ADULT: Head and Neck Postoperative Plan

**T;N, Routine**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Physician’s Signature</th>
<th>MD Number</th>
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*Report Legend:*
- **DEF** - This order sentence is the default for the selected order
- **GOAL** - This component is a goal
- **IND** - This component is an indicator
- **INT** - This component is an intervention
- **IVS** - This component is an IV Set
- **NOTE** - This component is a note
- **Rx** - This component is a prescription
- **SUB** - This component is a sub phase, see separate sheet
- **R** - Required order