**Physician Orders ADULT: Stress Test Plan**

### Stress Test Plan

**Food/Nutrition**
- [x] Delay Diet
  
  *Start at: T;2359, Delay diet for NM Myocardial Perf SPECT Mult Study*

- [x] Food Preferences
  
  *No caffeine products beginning at 2200 the evening before test, Stop at: T+2;N*

- [x] Food Preferences
  
  *No caffeine products prior to test, Stop at: T+2;N*

### Diagnostic Tests

You **MUST** Select ONE Cardiac Stress Test Order from the list below:(NOTE)*

- [ ] Cardiac Stress Test - Non-Specified
  
  *T;N, Reason for Exam: Chest Pain, Drug Type: Non-Specified, Stretcher*

- [ ] Cardiac Stress Test - Non-Specified
  
  *T+1;0800, Reason for Exam: Chest Pain, Drug Type: Non-Specified, Stretcher*

- [ ] Cardiac Stress Test - Adenosine
  
  *T+1;0800, Drug Type: Adenosine, Stretcher*

- [ ] Cardiac Stress Test - Dobutamine
  
  *T+1;0800, Reason for Exam: Chest Pain, Drug Type: Dobutamine, Stretcher*

- [ ] Cardiac Stress Test - Regadenoson
  
  *T+1;0800, Drug Type: Regadenoson, Stretcher*

- [ ] Cardiac Stress Test - Dipyridamole
  
  *T+1;0800, Drug Type: Dipyridamole, Stretcher*

- [ ] Cardiac Stress Test - No Drug
  
  *T+1;0800, Reason for Exam: Chest Pain, Drug Type: None, Stretcher*

You **MUST** Select ONE Stress Test Order from the list below:(NOTE)*

- [ ] Stress Test
  
  *Start at: T+1;0800, Type of Stress Test: To be determined by performing MD, Reason: Chest Pain/Angina/MI*

- [ ] Stress Test
  
  *Start at: T+1;0800, Type of Stress Test: Pharmacological, Reason: Chest Pain/Angina/MI*

- [ ] Stress Test
  
  *Start at: T+1;0800, Type of Stress Test: Non-Pharmacological, Reason: Chest Pain/Angina/MI*

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<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Physician’s Signature</th>
<th>MD Number</th>
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</table>

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*Report Legend:*
DEF - This order sentence is the default for the selected order
GOAL - This component is a goal
IND - This component is an indicator
INT - This component is an intervention
IVS - This component is an IV Set
NOTE - This component is a note
Rx - This component is a prescription
SUB - This component is a sub phase, see separate sheet
R-Required order