Physician Orders PEDIATRIC: LEB ENT Discharge Orders Plan

Initiate Orders Phase
Care Sets/Protocols/PowerPlans
✓ Initiate Powerplan Phase
  Phase: LEB ENT Discharge Orders Phase, When to Initiate:___________________

LEB ENT Discharge Orders Phase
Admission/Transfer/Discharge
  Use for 23 hour observation and inpatient discharges only(NOTE)*
  Nursing Communication
    Place order for Discharge in am if patient is stable. Pt is stable when pain is controlled, has no
    bleeding, and able to tolerate PO liquids. (DEF)*
    Place order for Discharge in am after__________.
    Call _________ in am for Discharge order.
    Call _________ for Discharge order at _________ time.
  Use for SDS discharges only(NOTE)*
  Discharge When Meets Same Day Criteria
    T;N

Condition
☐ Condition
  Stable

Patient Care
☐ DC All Lines
☑ Instruct/Educate
  Instruct: Patient
☑ Discharge Instructions
  Activity: Up ad lib
☐ Discharge Instructions
  Activity: Resume normal activity after 24 hours
☐ Discharge Instructions
  Activity: no strenuous activity for 2 weeks
✓ Discharge Instructions
  Diet: Diet as tolerated
☐ Discharge Instructions
  Other Instructions: Return to ENT Clinic as needed for any problems. T;N
☐ Follow Up Appointment
  Clinic ULPS Otolaryngology
✓ Follow Up Appointment
  Clinic Other See Special Instructions, Other Instructions: Return to ENT Clinic.
☐ Follow Up Appointment
  Physician to See: PCP
☐ Follow Up Appointment
☐ Discharge Instructions
  Wound/Incision Care: Dressing Changes
✓ Discharge Instructions
  Other Instructions: Notify MD for worsening condition including swelling, bleeding, drainage.

PE Tubes and/or Adenoidectomy
☐ Discharge Instructions
  Other Instructions: Keep ears dry
☐ Discharge Instructions
  Other Instructions: Use ear plugs or cotton ball with petroleum jelly when bathing, washing hair, or
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swimming

☐ Discharge Instructions
  Other Instructions: Use ear drops as directed

☐ Discharge Instructions
  Other Instructions: May have bloody drainage for 2-3 days and will gradually decrease

☐ Discharge Instructions
  Other Instructions: May return to school tomorrow

☐ Discharge Instructions
  Other Instructions: Call for puslike drainage, temperature greater than 102 degrees or concerns.

☐ Discharge Instructions
  Other Instructions: Adenoidectomy: Will have bloody drainage from nose that will eventually decrease. DO NOT blow nose for 48 hours.

☐ Discharge Instructions
  Other Instructions: Adenoidectomy: May return to school in 2-3 days.

Follow Up Appointment
  ☐ Clinic/Location Other See Special Instructions, Post D/C 6 weeks, Other Instructions: Return ENT Clinic. (DEF)*
  ☐ Clinic/Location Other See Special Instructions, Post D/C 2 weeks, Other Instructions: Return to ENT Clinic.

T&A

☐ Discharge Instructions
  Diet: Cool clear liquids today, soft diet for 2 days then advance

☐ Discharge Instructions
  Diet: Avoid citrus or tomato products

☐ Discharge Instructions
  Other Instructions: Do not use a straw for 48 hours

☐ Discharge Instructions
  Diet: Encourage fluids, at least four 8 ounce servings/day

☐ Discharge Instructions
  Other Instructions: Go to nearest ER for bright red bleeding or patient refusing to drink.

☐ Discharge Instructions
  Other Instructions: Call doctor for temperature greater than 102 degrees or questions/concerns

☐ Discharge Instructions
  Activity: No rough play or sports/PE X 2 weeks
    Comments: Child usually out of school for 1 week

☐ Follow Up Appointment
  Clinic/Location Other See Special Instructions, Post D/C 2 weeks, Other Instructions: Return to ENT Clinic.

Tympanoplasty

☐ Discharge Instructions
  Wound/Incision Care: Keep dressing/ear cup on until tomorrow

☐ Discharge Instructions
  Wound/Incision Care: Keep site/ear clean and dry until follow up; may wash hair over sink with assistance

☐ Discharge Instructions
  Wound/Incision Care: May change cotton ball as needed after cup removed

☐ Discharge Instructions
  Wound/Incision Care: Apply triple antibiotic ointment to incision 2-3 times daily

☐ Discharge Instructions
  Activity: No strenuous activity for 2 weeks or as otherwise directed
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Comments: No heavy lifting

☐ Discharge Instructions
   Other Instructions: Instruct patient to sneeze with mouth open

☐ Discharge Instructions
   Other Instructions: Call doctor for temperature greater than 102 degrees or questions/concerns

☐ Discharge Instructions
   Other Instructions: Use ear drops as directed

Date ________________________ Time ________________________

Physician’s Signature ______________________________________

MD Number

*Report Legend:
DEF - This order sentence is the default for the selected order
GOAL - This component is a goal
IND - This component is an indicator
INT - This component is an intervention
IVS - This component is an IV Set
NOTE - This component is a note
Rx - This component is a prescription
SUB - This component is a sub phase, see separate sheet
R-Required order