Physician Orders ADULT: Head and Neck Postoperative Plan

Initiate Orders Phase
Care Sets/Protocols/PowerPlans

☐ Initiate Powerplan Phase

Phase: Head and Neck Postoperative Phase, When to Initiate:____________________

Head and Neck Post Operative Phase

Vital Signs

☐ Vital Signs

Monitor and Record T,P,R,BP, per postop routine special instructions: P, R, BP q 30 minutes x2, then q 1 hour x2, then q4hr x24 hours. Temp q4hr.

☐ Vital Signs

☐ Monitor and Record T,P,R,BP, q2h(std) (DEF)*

☐ Monitor and Record T,P,R,BP, q4h(std)

☐ Monitor and Record T,P,R,BP, q8h(std)

Activity

☐ Bedrest

Routine

☐ Activity As Tolerated

☐ Up To Chair

Food/Nutrition

☐ NPO

☐ Clear Liquid Diet

Start at: T:N, Adult (>18 years)

☐ Full Liquid Diet

Start at: T:N, Adult (>18 years)

☐ GI Soft Diet

☐ Regular Diet

☐ AHA Diet

Adult (>18 years)

☐ Renal Diet Not On Dialysis

Adult (>18 years)

☐ Renal Diet On Dialysis

☐ Consistent Carbohydrate Diet

Caloric Level: 1800 Calorie

☐ Tube Feeding Continuous/Int Plan(SUB)*

☐ Tube Feeding Titrate Plan(SUB)*

☐ Tube Feeding Bolus Plan(SUB)*

Patient Care

☐ Drain Care

Jackson-Pratt(s) to bulb suction

☐ Drain Care

q-shift, charge, PJP Drains-empty and recharge and record output

☐ Elevate Head Of Bed

30 degrees

☐ Foley Care

☐ Incentive Spirometry NSG

q1h-Awake

☐ O2 Sat Continuous Monitoring NSG

☐ Trach Care

Change inner cannula q 12 hrs/prn, if obstructed

☐ Trach Care
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- Keep same size Trach and smaller size Trach at bedside
- Trach Care
  - Do not change trach ties unless okay with MD
- Trach Care
  - Place obturator at head of bed
- Trach Care
  - q8h(std)
- Suction Patient
  - q2h(std), Suction: Trach
- Suction Patient
  - prn, PRN
- Nursing Communication
  - q12h, clean the stoma under trach flange with Q-tips/gauze soaked in NS
- Mouth Care
  - Routine, Clean oral cavity with antiseptic oral care kit
- Accucheck Nsg
  - q6h(std)

Respiratory Care
- O2-BNC
  - 2 L/min
- O2-Trach Collar

Continuous Infusion
- D5 1/2 NS KCl 20 mEq/L
  - 1,000 mL, IV, 100 mL/hr
- D5 1/2NS
  - 1,000 mL, IV, 100 mL/hr
- Sodium Chloride 0.9%
  - 1,000 mL, IV, 100 mL/hr
- Sodium Chloride 0.45%
  - 1,000 mL, IV, 100 mL/hr

Medications
- VTE SURGICAL Prophylaxis Plan(SUB)*
- PCA - MorPHINE Protocol Plan (Adult)(SUB)*
- PCA - HYDROMorphine Protocol Plan (Adult)(SUB)*
- Insulin SENSITIVE Sliding Scale Plan(SUB)*
- Insulin STANDARD Sliding Scale Plan(SUB)*
- Insulin RESISTANT Sliding Scale Plan(SUB)*
- Please enter the Start Time on the antibiotic orders below based on time of preop dose(NOTE)*
  - If antibiotics are being continued for greater than 24 hrs, please document your reason(NOTE)*
- +1 Hours ceFAZolin
  - 2 g, Injection, IV Piggyback, once
  - Comments: Time dose 8 hours after pre op dose
  - If patient has penicillin or cephalosporin allergy place order below.(NOTE)*
- +1 Hours clindamycin
  - 600 mg, IV Piggyback, IV Piggyback, once
  - Comments: Time dose 8 hours after pre op dose
- +1 Hours ondansetron
  - 4 mg, Injection, IV Push, q6h, PRN Nausea/Vomiting
- +1 Hours bacitracin 500 units/g topical ointment
  - 1 application, Ointment, TOP, bid
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☐ +1 Hours acetaminophen
   650 mg, Tab, PO, q6h, PRN Pain, Mild (1-3), Routine
   Comments: Maximum dose of 4g/day from all sources.
Choose one of the below pain medications for Moderate pain (NOTE)*

☐ +1 Hours acetaminophen-oxyCODONE 325 mg-5 mg oral tablet
   1 tab, Tab, PO, q4h, PRN Pain, Moderate (4-7)

☐ +1 Hours acetaminophen-HYDROcodone 325 mg-5 mg oral tablet
   1 tab, Tab, PO, q4h, PRN Pain, Moderate (4-7), Routine
Choose one of the below pain medications for SEVERE pain (NOTE)*

☐ +1 Hours morphine
   2 mg, Injection, IV Push, q4h, PRN Pain, Severe (8-10)
   Comments: hold if RR less than 12

☐ +1 Hours HYDROMorphone
   0.5 mg, Injection, IV Push, q4h, PRN Pain, Severe (8-10)
   Comments: hold if RR less than 12

Laboratory
☐ CBC
   Routine, T;N, once, Type: Blood
☐ BMP
   Routine, T;N, once, Type: Blood
☐ Magnesium Level
   Routine, T;N, once, Type: Blood
☐ Phosphorus Level
   Routine, T;N, once, Type: Blood
☐ Ionized Calcium
   Routine, T;N, once, Type: Blood
☐ CBC
   Routine, T+1;0400, once, Type: Blood
☐ BMP
   Routine, T+1;0400, once, Type: Blood
☐ Magnesium Level
   Routine, T+1;0400, once, Type: Blood
☐ Phosphorus Level
   Routine, T+1;0400, once, Type: Blood
☐ Ionized Calcium
   Routine, T+1;0400, once, Type: Blood
☐ PTH Profile
   Routine, T;N+240, once, Type: Blood
   Comments: 4 hours Post op

Diagnostic Tests
☐ Chest 1 View
   T;N, Reason for Exam: Other, Enter in Comments, Stat, Portable
   Comments: Reason: Post trach (PACU ORDER)

☐ Chest 1 View
   T+1;0800, Reason for Exam: Other, Enter in Comments, Routine
   Comments: Reason: Status Post trach

☐ KUB
   T;N, Reason for Exam: Other, Enter in Comments, Stat, Portable
   Comments: Reason: NG Tube placement (PACU Order)

Consults/Notifications/Referrals
☑ Notify Physician For Vital Signs Of
   BP Systolic > 180, BP Diastolic > 100, BP Systolic < 100, Celsius Temp > 38.5, Oxygen Sat < 92,
**Physician Orders ADULT: Head and Neck Postoperative Plan**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Physician’s Signature</th>
<th>MD Number</th>
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</thead>
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*Report Legend:*
- **DEF** - This order sentence is the default for the selected order
- **GOAL** - This component is a goal
- **IND** - This component is an indicator
- **INT** - This component is an intervention
- **IVS** - This component is an IV Set
- **NOTE** - This component is a note
- **Rx** - This component is a prescription
- **SUB** - This component is a sub phase, see separate sheet
- **R** - Required order

- Urine Output < 30
  - Dietitian Consult/Nutrition Therapy
    - Type of Consult: Enteral/Tube Feeding
  - Speech Therapy Initial Eval and Tx
    - Routine