Methodist
Le Bonheur Healthcare

Physician Orders ADULT: RAD Contrast Allergy Plan

Initiate Phase
Care Sets/Protocols/PowerPlans

☐ Initiate Powerplan Phase
  Phase: Non-Emergent Premedication Phase (DEF)*, When to Initiate:_____
  Phase: Emergent Premedication Phase, When to Initiate:_____

Non-Emergent Premedication Phase
Medications

13 hours prior to receiving contrast media. (NOTE)*

☐ **+12 Hours** diphenhydrAMINE
  50 mg, Cap, PO, once, Routine
    Comments: Administer 1 hour prior to scheduled contrast injection.

☐ **+1 Hours** predniSONE
  50 mg, Tab, PO, q6h, Routine, (for 3 dose)

Emergent Premedication Phase
Medications

If the radiological procedure can be delayed for 4-5 hours, please select pre-medications from the regimen below. (NOTE)*

☐ **+4 Hours** diphenhydrAMINE
  50 mg, Injection, IV Push, once, Routine
  Only choose ONE of the corticosteroids below.(NOTE)*

☐ methylPREDNISolone
  40 mg, Injection, IV Push, q4h, Routine, (for 2 dose)
  Consider the option below if allergic to methylprednisolone.(NOTE)*

☐ dexamethasone
  8 mg, Injection, IV Push, q4h, Routine, (for 2 dose)
  Emergent use ONLY! WARNING: The regimen and all other regimens with a duration less than 4-5 hours, has no evidence of efficacy. It may be considered in emergent situations when there are no other alternatives and the benefits of the procedure outweighs the risk of allergic reaction from contrast. (NOTE)*

☐ diphenhydrAMINE
  50 mg, Injection, IV Push, once, STAT
  Only choose ONE of the corticosteroids below.(NOTE)*

☐ methylPREDNISolone sodium succinate
  40 mg, Injection, IV Push, once, STAT
  Consider the option below if allergic to methylprednisolone.(NOTE)*

☐ dexamethasone
  8 mg, Injection, IV Push, once, STAT

_____ _____ _____ _____
     Date   **Time**   **Physician's Signature**   **MD Number**

*Report Legend:
DEF - This order sentence is the default for the selected order
GOAL - This component is a goal
IND - This component is an indicator
INT - This component is an intervention
IVS - This component is an IV Set
NOTE - This component is a note
Rx - This component is a prescription
SUB - This component is a sub phase, see separate sheet
R-Required order