



# Physician Orders

## LEB GI Lab Clinic Discharge Plan

**PEDIATRIC**

T= Today; N = Now (date and time ordered)

Height: \_\_\_\_\_ cm Weight: \_\_\_\_\_ kg

<b>Allergies:</b>		<input type="checkbox"/> No known allergies
<b>Admission/Transfer/Discharge</b>		
<input type="checkbox"/>	Discharge Patient	T;N, To home.
<input type="checkbox"/>	Discharge When Meets Criteria	T;N, Discharge from SDS when meets criteria.
<b>Condition</b>		
<input type="checkbox"/>	Condition	T;N, Stable
<b>Patient Care</b>		
<input type="checkbox"/>	DC All Lines	T;N
<input type="checkbox"/>	Instruct/Educate	T;N, Instruct: Guardian and Patient
<input type="checkbox"/>	Discharge Instructions	T;N, Activity: Up ad lib
<input type="checkbox"/>	Discharge Instructions	T;N, Call the doctor if the IV site remains red, hot, or is painful.
<input type="checkbox"/>	Discharge Instructions	T;N, If your child starts to vomit, do not give anything to eat or drink for 1 hour. After 1 hour, give clear liquids every 15 minutes. If vomiting does not stop, call the doctor.
<input type="checkbox"/>	Discharge Instructions	T;N, Call the Doctor if your child has a fever lasting over 24 hours or if it is higher than 103 degrees F.
<input type="checkbox"/>	Discharge Instructions	T;N, Do not give your child foods with caffeine like Coke, Pepsi, Mountain Dew, chocolate, tea or coffee until your doctor says it's ok.
<input type="checkbox"/>	Discharge Instructions	T;N, Do not feed your child fried or spicy foods.
<input type="checkbox"/>	Discharge Instructions	T;N, Give your child regular drinks and foods as tolerated.
<input type="checkbox"/>	Discharge Instructions	T;N, Do not give your child aspirin or ibuprofen (i.e. Motrin, Advil, Aleve).
<input type="checkbox"/>	Discharge Instructions	T;N, Do not give your child citrus juices (examples: orange, grapefruit, or tomato juice) until the doctor says that it is okay. You can give apple or grape juice.
<input type="checkbox"/>	Discharge Instructions	T;N, Keep your child away from cigarette smoke.
<input type="checkbox"/>	Discharge Instructions	T;N, Keep your child quiet the rest of the day. Do not let him or her ride toys, run, jump, or climb.
<input type="checkbox"/>	Discharge Instructions	T;N, Help your child walk so he or she does not fall.
<input type="checkbox"/>	Discharge Instructions	T;N, Let your child do normal activities
<input type="checkbox"/>	Discharge Instructions	T;N, Activity: Resume normal activity after 24 hours.
<input type="checkbox"/>	Discharge Instructions	T;N, Activity: No strenuous activity for 2 weeks.
<input type="checkbox"/>	Discharge Instructions	T;N, Activity: No contact sports for 6 weeks.
<input type="checkbox"/>	Discharge Instructions	T;N, Activity: No swimming for 2 weeks.
<input type="checkbox"/>	Discharge Instructions	T;N, Diet: As tolerated.
<input type="checkbox"/>	Discharge Instructions	T;N, Wound/Incision Care: Dressing changes _____.
<input type="checkbox"/>	Discharge Instructions	T;N, Other Instructions: Notify MD for worsening condition.
<input type="checkbox"/>	Discharge Instructions	T;N, Other Instructions: Notify _____ of excessive swelling/bleeding at incision site.





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**PEDIATRIC**

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Patient Care continued		
<input type="checkbox"/>	Discharge Instructions	T;N, Followup Appointments: Return to office in 2 weeks.
<input type="checkbox"/>	Discharge Instructions	T;N, Followup Appointments: Return to office in 1 month.
<input type="checkbox"/>	Discharge Instructions	T;N, Followup Appointments: Follow up with Primary Care MD in ____ weeks.
<input type="checkbox"/>	Discharge Instructions	T;N, Followup Appointments: Follow up with Dr. _____ in _____ (days/weeks).
<input type="checkbox"/>	Discharge Instructions	T;N, Followup Appointments: Follow up with nurse at _____ office for _____.
Discharge Instructions for Endoscopy		
<input type="checkbox"/>	Discharge Instructions	T;N, Other Instructions: Call the doctor or come to the emergency room if your child vomits a large amount (more than 1/4 cup) of bright red blood.
Discharge Instructions for Bronchoscopy		
<input type="checkbox"/>	Discharge Instructions	T;N, Other Instructions: Call the doctor or come to the emergency room if your child vomits a large amount (more than 1/4 cup) of bright red blood from the trach.
Discharge Instructions for Colonoscopy/Flexible Sigmoidoscopy		
<input type="checkbox"/>	Discharge Instructions	T;N, Other Instructions: Call the doctor or come to the emergency room if the bleeding does not stop in bowel movements after 24 hours.
<input type="checkbox"/>	Discharge Instructions	T;N, Other Instructions: Help your child walk so he or she does not fall.
<input type="checkbox"/>	Discharge Instructions	T;N, Other Instructions: Your child should avoid hard activity for 24 hours.
Discharge Instructions for Liver/Muscle Biopsy		
<input type="checkbox"/>	Discharge Instructions	T;N, Other Instructions: Call the doctor if there is still fresh blood after 2-3 hours on the bandage. If bleeding occurs, hold pressure on it. If it does not stop in 5 minutes, call the doctor immediately.
<input type="checkbox"/>	Discharge Instructions	T;N, Other Instructions: Your child may do normal activities after he or she is wide awake.
<input type="checkbox"/>	Discharge Instructions	T;N, Other Instructions: If the bandage gets dirty, you may put a big bandaid over the area or replace the bandaid.
Consults/Notifications		
<input type="checkbox"/>	Communication HIM	T;N

\_\_\_\_\_  
**Date**                                      **Time**                                      **Physician's Signature**                                      **MD Number**