**Physician Orders**

**LEB GI Lab Clinic Discharge Plan**

**PEDIATRIC**

T = Today; N = Now (date and time ordered)

**Height:** cm  **Weight:** kg

**Allergies:** [ ] No known allergies

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**Admission/Transfer/Discharge**

[ ] Discharge Patient  
T;N. To home.

[ ] Discharge When Meets Criteria  
T;N. Discharge from SDS when meets criteria.

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**Condition**

[ ] Condition  
T;N. Stable

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**Patient Care**

[ ] DC All Lines  
T;N

[ ] Instruct/Educate  
T;N. Instruct: Guardian and Patient

[ ] Discharge Instructions  
T;N. Activity: Up ad lib

[ ] Discharge Instructions  
T;N. Call the doctor if the IV site remains red, hot, or is painful.

[ ] Discharge Instructions  
T;N. If your child starts to vomit, do not give anything to eat or drink for 1 hour. After 1 hour, give clear liquids every 15 minutes. If vomiting does not stop, call the doctor.

[ ] Discharge Instructions  
T;N. Call the Doctor if your child has a fever lasting over 24 hours or if it is higher than 103 degrees F.

[ ] Discharge Instructions  
T;N. Do not give your child foods with caffeine like Coke, Pepsi, Mountain Dew, chocolate, tea or coffee until your doctor says it's ok.

[ ] Discharge Instructions  
T;N. Do not feed your child fried or spicy foods.

[ ] Discharge Instructions  
T;N. Give your child regular drinks and foods as tolerated.

[ ] Discharge Instructions  
T;N. Do not give your child aspirin or ibuprofen (i.e. Motrin, Advil, Aleve).

[ ] Discharge Instructions  
T;N. Do not give your child citrus juices (examples: orange, grapefruit, or tomato juice) until the doctor says that it is okay. You can give apple or grape juice.

[ ] Discharge Instructions  
T;N. Keep your child away from cigarette smoke.

[ ] Discharge Instructions  
T;N. Keep your child quiet the rest of the day. Do not let him or her ride toys, run, jump, or climb.

[ ] Discharge Instructions  
T;N. Help your child walk so he or she does not fall.

[ ] Discharge Instructions  
T;N. Let your child do normal activities

[ ] Discharge Instructions  
T;N. Activity: Resume normal activity after 24 hours.

[ ] Discharge Instructions  
T;N. Activity: No strenuous activity for 2 weeks.

[ ] Discharge Instructions  
T;N. Activity: No contact sports for 6 weeks.

[ ] Discharge Instructions  
T;N. Activity: No swimming for 2 weeks.

[ ] Discharge Instructions  
T;N. Diet: As tolerated.

[ ] Discharge Instructions  
T;N. Wound/Incision Care: Dressing changes ____________.

[ ] Discharge Instructions  
T;N. Other Instructions: Notify MD for worsening condition.

[ ] Discharge Instructions  
T;N. Other Instructions: Notify ____________ of excessive swelling/bleeding at incision site.

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### Discharge Instructions

#### T;N, Followup Appointments
- **Return to office in 2 weeks.**
- **Follow up with Primary Care MD in ____ weeks.**
- **Follow up with Dr. _______ in _______ (days/weeks).**
- **Follow up with nurse at _______ office for _______.**

#### Discharge Instructions for Endoscopy
- **T;N, Other Instructions:** Call the doctor or come to the emergency room if your child vomits a large amount (more than 1/4 cup) of bright red blood.

#### Discharge Instructions for Bronchoscopy
- **T;N, Other Instructions:** Call the doctor or come to the emergency room if your child vomits a large amount (more than 1/4 cup) of bright red blood from the trach.

#### Discharge Instructions for Colonoscopy/Flexible Sigmoidoscopy
- **T;N, Other Instructions:** Call the doctor or come to the emergency room if the bleeding does not stop in bowel movements after 24 hours.
- **T;N, Other Instructions:** Help your child walk so he or she does not fall.
- **T;N, Other Instructions:** Your child should avoid hard activity for 24 hours.

#### Discharge Instructions for Liver/Muscle Biopsy
- **T;N, Other Instructions:** Call the doctor if there is still fresh blood after 2-3 hours on the bandage. If bleeding occurs, hold pressure on it. If it does not stop in 5 minutes, call the doctor immediately.
- **T;N, Other Instructions:** Your child may do normal activities after he or she is wide awake.
- **T;N, Other Instructions:** If the bandage gets dirty, you may put a big bandaid over the area or replace the bandaid.

#### Communication HIM
- **Date**
- **Time**
- **Physician's Signature**
- **MD Number**