Methodist Le Bonheur Healthcare

Physician Orders ADULT: ENT Adult Post Op Plan

Initiate Orders Phase
Care Sets/Protocols/PowerPlans

☑ Initiate Powerplan Phase
   Phase: ENT Adult Post Op Phase, When to Initiate:_____

ENT Adult Post Op Phase
Admission/Transfer/Discharge

☐ Discharge Patient
   when fully reactive.

Vital Signs

☑ Vital Signs
   Monitor and Record T,P,R,BP, per postop routine

Activity

☑ Activity As Tolerated
☐ Bedrest w/BRP

Food/Nutrition

☑ Clear Liquid Diet
   Start at: T;N
      Comments: cool clear liquids until no vomiting

Patient Care

☐ Nursing Communication
   major vision check q1h x 4hr postop ENT surgery
☑ Advance Diet As Tolerated
   Advance diet from clear liquid to soft as tolerated as rapidly as possible
☐ Elevate Head Of Bed
   35 degrees
☐ Do Not
   Avoid: Nose Picking or Blowing
☐ Cold Apply
   For 8 hr, Nose, Ice Pack
☐ Discharge Instructions
   soft diet, activity limited, medications
☐ Intake and Output
☐ Ice Pack Apply
   PRN, ICE Collar, for aches and pain
☐ Elevate Head Of Bed
   30 -70 degrees
☐ Dressing Care
   PRN, change drip pad when damp
☐ Nursing Communication
   encourage PO fluids

Respiratory Care

☐ Oxygen-Face Tent
   Special Instructions: 40% with humidity

Continuous Infusion

☐ D5 1/2 NS KCl 20 mEq/L
   1,000 mL, IV, Routine, 50 mL/hr
☐ D5 1/2NS
   1,000 mL, IV, Routine, 50 mL/hr
☐ Sodium Chloride 0.9%
   1,000 mL, IV, Routine, 50 mL/hr

![Methodist Le Bonheur Healthcare logo]

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Medications

☐ **+1 Hours** acetaminophen
650 mg, Tab, PO, q6h, PRN Pain, Mild (1-3), Routine
Comments: Maximum dose of 4 g/day from all sources.

☐ **+1 Hours** acetaminophen-HYDROcodone 325 mg-5 mg oral tablet
1 tab, Tab, PO, q6h, PRN Pain, Moderate (4-7), Routine

☐ **+1 Hours** morphine
2 mg, Injection, IV Push, q4h, PRN Pain, Severe (8-10), Routine

☐ **+1 Hours** ondansetron
4 mg, Orally Disintegrating Tab, PO, q6h, PRN Nausea/Vomiting, Routine
NOTE: For patients with PE Tubes in ears order the following:(NOTE)*

☐ **+1 Hours** ofloxacin 0.3% otic solution
5 drop, Otic Soln/Sus, Both Ears, bid, Routine

Consults/Notifications/Referrals

☐ Notify Physician-Once
Notify For: room number on arrival to unit

☑ Notify Physician-Continuing
Notify: surgeon, Notify For: bleeding significant or if bleeding persists

_____ _____ _____ _____
Date　　　　　**Time**　　　　　　**Physician's Signature**　　　**MD Number**

*Report Legend:
DEF - This order sentence is the default for the selected order
GOAL - This component is a goal
IND - This component is an indicator
INT - This component is an intervention
IVS - This component is an IV Set
NOTE - This component is a note
Rx - This component is a prescription
SUB - This component is a sub phase, see separate sheet
R-Required order