<table>
<thead>
<tr>
<th>Vital Signs</th>
<th>Activity</th>
<th>Food/Nutrition</th>
<th>Patient Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>[ ] Vital Signs</td>
<td>[ ] Bedrest</td>
<td>[ ] NPO</td>
<td>[ ] Communication HIM (Old Chart to Floor)</td>
</tr>
<tr>
<td>[ ] Consistent Carbohydrate Diet</td>
<td>[ ] American Heart Association Diet</td>
<td>Caloric Level: _______ Calorie, Insulin: [ ] No Insulin [ ] Short Acting [ ] Intermediate [ ] Long Acting [ ] Short and Intermediate [ ] Short and Long; Renal Patient: [ ] No [ ] Yes, on dialysis [ ] Yes, not on dialysis</td>
<td>[ ] Intermittent Needle Therapy Insert/Site Care</td>
</tr>
<tr>
<td>[ ] O2 Sat Spot Check-NSG</td>
<td>[ ]</td>
<td></td>
<td>q4day</td>
</tr>
</tbody>
</table>

Note: Observe for 12 hours for acute changes in status. Repeat Troponin at 3, 6, and 9 hours, and repeat EKG at 3, 6, and 9 hours.

Note: If serial EKG and serial cardiac markers remain within normal limits: discharge with education for every heart disease risk factor. Instruct patient to take copies of all results for follow up with MD within 72 hrs for further evaluation.

Note: If subsequent EKG indicates changes suggestive of ischemia, or cardiac markers are positive, consult Cardiology for further evaluation.
### Patient Care (continued)

- **O2 Sat Monitoring NSG**
- **Telemetry (ED Only) (Cardiac Monitoring (ED Only))**
- **Discharge Instructions**
  - **T,N, Activity:** ____________
  - **Diet:** ____________
  - **Followup**
  - **Appointments:** Patient to follow up with Cardiologist within 72 hrs and take copies of test results provided for further evaluation. Patient to refrain from cocaine use.

- **Nursing Communication**
  - Observe for 12 hours for acute changes in status.

### Medications

- **Nitroglycerin (NTG sublingual)** 0.4mg, Tab, SL, q5min, T,N, PRN Chest Pain, STAT, Comment: Maximum 3 doses. Hold for SBP less than 100 mmHg. Notify Provider if chest pain unrelieved after 3 doses.

- **Nitroglycerin (nitroglycerin 50mg/D5W infusion)** 50mg / 250mL, IV, Routine, titrate. Comment: Conc: 200 mcg/mL; Start rate at 5 mcg/min; increase by 5 mcg/min every 3-5 min to desired BP of _____mmHg. Max rate is 200 mcg/min. Hold for SBP less than 100

- **Lorazepam** 1mg, Injection,IV Push, q10min, PRN Other, Specify in Comment, Chest Pain, Routine (for 2 dose)

### Laboratory

- **ED Troponin-I** Time Study, T,N, q3h x 3 occurrence, Type: Blood
- **Troponin-I** Time Study, T,N, q3h x 3 occurrence, Type: Blood

### Diagnostic Tests

- **Electrocardiogram (EKG)** T,N, STAT, Reason: Chest Pain/Angina/MI
- **Electrocardiogram (EKG)** T,N+180, Reason: Chest Pain/Angina/MI
- **Electrocardiogram (EKG)** T,N+360, Reason: Chest Pain/Angina/MI

### Consults/Notifications

- **Notify Provider (LIP) once** Notify For: after completion of 12 hour of observation
- **Notify Provider (LIP) once** Notify For: for unrelieved Chest Pain with Nitroglycerine SL

### Date  Time  Physician’s Signature  MD Number