Physician Orders ADULT
Title: Smoking Cessation Orders

[R] = will be ordered
T = Today; N = Now (date and time ordered)
Height: ___________ cm    Weight: __________ kg

Allergies: [ ] No known allergies
[ ] Medication allergy(s):
[ ] Latex allergy    [ ] Other:

Note: This Care Set is not to be used in ICU

Patient Care

NOTE: Verify allergies and skin sensitivities

[R] Smoking Cessation Advice/Counseling
Provide teaching materials and document

NOTE: Select one choice from Section A and one from Section B if needed

Section A: Choose One

Nicotine Choose from orders below

NOTE: 10 cigarettes are equivalent to about 1/4 tin of snuff or 1 pouch of chew

[ ] nicotine 21 mg, patch, TOP, QDay, Routine, T;N, Comments: apply new patch daily.

NOTE: For daily use of 10 or fewer cigarettes or weight less than 45 kg choose below:

[ ] nicotine 14 mg, patch, TOP, QDay, Routine, T;N, Comments: apply new patch daily.
[ ] nicotine 7 mg, patch, TOP, QDay, Routine, T;N, Comments: apply new patch daily.

NOTE: BuPROPion and Varenicline (may not reduce nicotine withdrawal symptoms as promptly as NRT)

BuPROPion: Choose BOTH orders below

[ ] buPROPion (buPROPion extended release) 150 mg, ER Tablet, PO, QDay, Routine, (for 3 day)
[ ] buPROPion (buPROPion extended release) 150 mg, ER Tablet, PO, bid, Routine,

Varenicline: Choose ALL THREE orders below

[ ] varenicline 0.5 mg, Tab, PO, QDay, Routine, (for 3 Day)
[ ] varenicline 0.5 mg, Tab, PO, bid, Routine, T+3;N, (for 4 Day)
[ ] varenicline 1 mg, Tab, PO, bid, Routine, T+7;N

NOTE: If CrCL is less than 30mL/min then place both orders below

[ ] varenicline 0.5 mg, Tab, PO, QDay, Routine, T;N, (for 7 Day)
[ ] varenicline 0.5 mg, Tab, PO, bid, Routine, T+7;N

NOTE: If on hemodialysis then place order below

[ ] varenicline 0.5 mg, Tab, PO, QDay, Routine, T;N

Section B: Choose one medication for breakthrough craving

NOTE: 4 mg strength is recommended for patients who smoke, dip or chew as soon as they wake up, have severe withdrawal symptoms when they can't smoke, dip or chew, or have failed at previous quit attempts

[ ] nicotine 4 mg, Gum, Chewed, q1h-awake, PRN Smoking Cessation, Routine, Comments: Max 20 pieces/day
[ ] nicotine 2 mg, Gum, Chewed, q1h-awake, PRN Smoking Cessation, Routine, Comments: Max 20 pieces per day

If unable to chew gum then place order below

[ ] nicotine 2 mg, Lozenge, PO, q1h-Awake, PRN Smoking Cessation, Routine, Comments: Max 20 lozenges per day
[ ] nicotine 4 mg, Lozenge, PO, q1h-Awake, PRN Smoking Cessation, Routine, Comments: Max 20 lozenges per day

Date                              Time                              Physician’s Signature                              MD Number