



Physician Orders ADULT: Atrial Fib/Flutter Plan

Initiate Orders Phase

Care Sets/Protocols/PowerPlans

- Initiate Powerplan Phase  
Phase: *Atrial Fib/Flutter Phase, When to Initiate:* \_\_\_\_\_

Atrial Fib/Flutter Phase

Non Categorized

- Add To Problem List  
*Problem: Atrial fibrillation*
- Add To Problem List  
*Problem: Atrial flutter*

- Add To Problem List

Admission/Transfer/Discharge

- Patient Status Initial Inpatient  
*T;N, Admitting Physician:* \_\_\_\_\_  
*Reason for Visit:* \_\_\_\_\_  
*Bed Type:* \_\_\_\_\_ *Specific Unit:* \_\_\_\_\_  
*Care Team:* \_\_\_\_\_ *Anticipated LOS: 2 midnights or more*

- Patient Status Initial Outpatient  
*T;N, Attending Physician:* \_\_\_\_\_  
*Reason for Visit:* \_\_\_\_\_  
*Bed Type:* \_\_\_\_\_ *Specific Unit:* \_\_\_\_\_  
*Outpatient Status/Service OP-OBSERVATION Services*

- Notify Physician-Once  
*Notify: physician, Notify For: room number upon arrival to unit*

Vital Signs

- Vital Signs  
*Monitor and Record T,P,R,BP, q4h(std)*
- Vital Signs  
*Monitor and Record T,P,R,BP, q6h(std)*

Activity

- Out Of Bed  
*Up Ad Lib*
- Bedrest w/BRP

Food/Nutrition

- American Heart Association Diet
- Consistent Carbohydrate Diet





Physician Orders ADULT: Atrial Fib/Flutter Plan

Caloric Level: 1800 Calorie

**Patient Care**

- INT Insert/Site Care  
q4day
- Educate/Instruct  
Method Topic: atrial fib
- Educate/Instruct  
Method: Topic: congestive heart failure
- Telemetry

**Medications**

**Digoxin**

- digoxin  
0.5 mg, Injection, IV Push, once, STAT
- +6 Hours** digoxin  
0.25 mg, Injection, IV Push, once, Routine
- digoxin  
0.5 mg, Tab, PO, once, STAT
- +6 Hours** digoxin  
0.25 mg, Tab, PO, once, Routine
- +1 Hours** digoxin  
0.125 mg, Injection, IV Push, QDay, Routine
- +1 Hours** digoxin  
0.125 mg, Tab, PO, QDay, Routine

**Calcium Channel Blockers**

- +1 Hours** diltiazem 12 hour extended release  
120 mg, ER Capsule, PO, bid, Routine
- +1 Hours** diltiazem 24 hour extended release  
120 mg, ER Capsule, PO, QDay, Routine
- +1 Hours** verapamil  
80 mg, Tab, PO, bid, Routine
- +1 Hours** verapamil  
120 mg, ER Tablet, PO, QDay, Routine
- +1 Hours** verapamil  
5 mg, Injection, IV Push, q10min, PRN Other, specify in Comment, Routine  
Comments: PRN ventricular rate greater than 120 sustained, not to exceed 20 mg in 1 hr
- +1 Hours** diltiazem 125mg/D5W for infusion (IVS)\*  
Dextrose 5% in Water  
100 mL, IV, Routine, Titrate





**Physician Orders ADULT: Atrial Fib/Flutter Plan**

*Comments: Initial Rate: 5 mg/hr; Titration Parameters: 2.5 mg/hr as often as every 15 min to keep HR less than 110 bpm and maintain SBP greater than 90 mm Hg; Max Rate: 15 mg/hr; Conc: 1 mg/mL*

diltiazem (additive)  
125 mg, 25 mL, EB

**Beta Blockers**

- +1 Hours** metoprolol tartrate  
25 mg, Tab, PO, bid, Routine
- +1 Hours** atenolol  
25 mg, Tab, PO, QDay, Routine

**Anticoagulants/Antiplatelets**

- VTE MEDICAL Prophylaxis Plan(SUB)\*
- +1 Hours** aspirin  
325 mg, DR Tablet, PO, QDay
- +1 Hours** warfarin  
5 mg, Tab, PO, QDay, Routine
- +1 Hours** enoxaparin  
1 mg/kg, Injection, Subcutaneous, q12h, Routine  
For CrCl <30ml/min order dose below:(NOTE)\*
- +1 Hours** enoxaparin  
1 mg/kg, Injection, Subcutaneous, QDay, Routine, CrCl<30ml/min  
Comments: CrCl < 30 ml/min

**Antiarrhythmics**

- +1 Hours** amiodarone  
150 mg, Injection, IV Piggyback, once, Routine, ( infuse over 10 min )
- +1 Hours** amiodarone 450mg infusion (IVS)\*  
Sodium Chloride 0.9%  
250 mL, IV, Routine, See Comments  
Comments: Infuse at 1 mg/min ( 33 mL/hr ) for 6 hours, then decrease rate to 0.5 mg/min ( 17 mL/hr ).  
amiodarone (additive)  
450 mg
- +1 Hours** sotalol 80 mg oral tablet  
80 mg, Tab, PO, bid, Routine

**Laboratory**

- BMP  
Routine, T;N, once, Type: Blood
- Magnesium Level  
Routine, T;N, once, Type: Blood





Physician Orders ADULT: Atrial Fib/Flutter Plan

- CBC  
*Routine, T;N, once, Type: Blood*
- Lipid Profile  
*Routine, T+1;0400, once, Type: Blood*  
*Comments: fasting*
- Troponin-I  
*STAT, T;N, once, Type: Blood*
- CK  
*STAT, T;N, once, Type: Blood*
- Troponin-I  
*Routine, T;N, once, Type: Blood*
- CK  
*Routine, T+1;0400, once, Type: Blood*
- Troponin-I  
*Time Study, T;N, q3h x 3 occurrence, Type: Blood*
- CK  
*Time Study, T;N, q3h x 3 occurrence, Type: Blood*
- PT/INR  
*Routine, T+1;N, qam, Type: Blood*
- PTT  
*Routine, T+1;N, qam, Type: Blood*
- BNP  
*Routine, T;N, once, Type: Blood*
- BNP Pro  
*Routine, T;N, once, Type: Blood*

**Diagnostic Tests**

- EKG  
*Start at: T;N, Priority: Routine*
- Chest 1 View  
*T;N, Routine, Portable*
- Chest 2 Views  
*T;N, Routine, Stretcher*

**Consults/Notifications/Referrals**

- Pharmacy Consult - Warfarin Dosing

\_\_\_\_\_  
Date

\_\_\_\_\_  
Time

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
MD Number





**Physician Orders ADULT: Atrial Fib/Flutter Plan**

**\*Report Legend:**

DEF - This order sentence is the default for the selected order

GOAL - This component is a goal

IND - This component is an indicator

INT - This component is an intervention

IVS - This component is an IV Set

NOTE - This component is a note

Rx - This component is a prescription

SUB - This component is a sub phase, see separate sheet

R-Required order

