Physician Orders ADULT: ANES OB C-Section Plan

Initiate Orders Phase
Care Sets/Protocols/PowerPlans

☐ Initiate Powerplan Phase
  Phase: ANES OB C-Section PRN Meds Phase, When to Initiate:_____________________

☐ Initiate Powerplan Phase
  Phase: ANES OB Scheduled OXYcont/Naproxen Phase, When to Initiate:_____________________

R  Powerplan Open

ANES OB C-Section PRN Meds Phase

Vital Signs

☐ Vital Signs
  Monitor and Record Resp Rate Monitor and Record Blood Pressure Monitor and Record Pulse,
  q2hrs x 12 hours then routine

Patient Care

✔ Nursing Communication
  NO NARCOTICS OR SEDATIVES EXCEPT AS ORDERED BY ANESTHESIA FOR FIRST 24 HRS
  POST DELIVERY

✔ Nursing Communication
  NOTIFY ANESTHESIA BEFORE STARTING ANTICOAGULANT THERAPY, clopidogrel (Plavix), or
  prasugrel (Effient)

✔ Nursing Communication
  Floor and L&D: ANES OB C-Section PRN Meds Phase orders are in effect for 24 hrs from the time
  of Delivery.

✔ Nursing Communication
  Monitor pt closely if naloxone give and repeat initial dose if pt does not respond within 30 min.

✔ Nursing Communication
  Use ordered PRN pain medications if: analgesia is inadequate, patient is easily aroused and
  respiratory rate is greater than 12 per minute

✔ Nursing Communication
  Discontinue ANES OB C-Section PRN Meds Phase 24 hours after the time of Delivery and Initiate
  OB Postpartum Plan, C/S Regional Anes Phase

Medications

Scheduled Pain Medications

☐ +1 Hours acetaminophen
  650 mg, Tab, PO, q6h, Routine, (for 3 dose)
  Comments: Give first dose 6 hours after initial dose. DO NOT GIVE OTHER
  ACETAMINOPHEN PRODUCTS WHILE THIS ORDER IS IN EFFECT.

Pain Medication Orders

  Pain Management: IMMEDIATE Post-Op Care(NOTE)*

☐ +15 Minutes HYDROMorphone
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0.25 mg, Injection, IV Push, q10min, PRN Pain, Mild (1-3), (for 4 hr )
  Comments: Only for immediate post-op care on Labor & Delivery or triage floor. Max dose = 2 mg/hr

+15 Minutes HYDROMORPHINE
  0.5 mg, Injection, IV Push, q10min, PRN Pain, Moderate (4-7), (for 4 hr )
  Comments: Only for immediate post-op care on Labor & Delivery or triage floor. Max dose = 2 mg/hr

+15 Minutes HYDROMORPHINE
  1 mg, Injection, IV Push, q10min, PRN Pain, Severe (8-10), (for 4 hr )
  Comments: Only for immediate post-op care on Labor & Delivery or triage floor. Max dose = 2 mg/hr

PRN Pain Medications
  Pain Management: ROUTINE Post-op Care(NOTE)*
  MILD Pain(NOTE)*

+4 Hours OXYCODONE
  5 mg, Tab, PO, q4h, PRN Pain, Mild (1-3), (for 24 hr )
  MODERATE Pain(NOTE)*

+4 Hours OXYCODONE
  10 mg, Tab, PO, q4h, PRN Pain, Moderate (4-7), (for 24 hr )

+4 Hours HYDROMORPHINE
  0.25 mg, Injection, IV Push, q20min, PRN Pain, Moderate (4-7), (for 24 hr )
  SEVERE Pain(NOTE)*

+4 Hours HYDROMORPHINE
  0.5 mg, Injection, IV Push, q20min, PRN Pain, Severe (8-10), (for 24 hr )
  BREAKTHROUGH Pain(NOTE)*

+1 Hours HYDROMORPHINE
  0.25 mg, Injection, IV Push, q15min, PRN Pain, Breakthrough
  Comments: May administer if analgesia is inadequate AND patient is easily aroused AND respiratory rate is greater than 12 per minute.

+1 Hours HYDROMORPHINE
  0.5 mg, Injection, IV Push, q15min, PRN Pain, Breakthrough
  Comments: May administer if analgesia is inadequate AND patient is easily aroused AND respiratory rate is greater than 12 per minute.

Side Effect Treatments

+1 Hours ondansetron
  4 mg, Injection, IV Push, q6h, PRN Nausea, Routine, (for 24 hr )

+1 Hours promethazine 25 mg/mL topical gel
  25 mg, Gel, TOP, once, PRN Nausea/Vomiting
  Comments: For treatment failure with ondansetron
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☐ +1 Hours scopolamine
   1.5 mg, Patch, TD, once, Routine
   Comments: Place behind the ear

Anti-itching
☐ +1 Hours loratadine
   10 mg, Tab, PO, once, Routine
   Comments: give as early as possible upon arrival to post partum floor

☐ +1 Hours nalbuphine
   5 mg, Injection, IV Push, q6h, PRN Itching, Routine, (for 24 hr )
   Comments: offer first

☐ +1 Hours diphenhydrAMINE
   25 mg, Cap, PO, q6h, PRN Itching, Routine, (for 24 hr )
   Comments: for itching unrelieved by nalbuphine after 30 min

☐ +1 Hours diphenhydrAMINE
   12.5 mg, Injection, IV Push, q6h, PRN Itching, Routine, (for 24 hr )
   Comments: If unable to tolerate PO. May repeat dose if itching unrelieved by nalbuphine after 30 minutes

Reversal Agent
☑ +1 Hours naloxone
   0.4 mg, Injection, IV Push, q2min, PRN Oversedation, Routine, (for 2 dose )
   Comments: Administer if respiratory rate is less than 8 per minute or patient is obtunded or unarousable and call anesthesiologist immediately. Repeat if patient does not respond.

Consults/Notifications/Referrals
☑ Notify Physician-Continuing
   Notify: Anesthesia, Notify For: BEFORE starting anticoagulant therapy, clopidogrel (Plavix), or prasugrel (Effient).

☑ Notify Physician-Continuing
   Notify: Anesthesia, Notify For: If pt has Resp rate <10 breaths/min, change in Resp pattern or evidence of airway obstruction, Altered MS, appears drowsy, obtunded or unarousable. Pain relief is deemed inadequate despite administration of ordered PRN Med

☑ Notify Physician-Continuing
   Notify: Anesthesia, Notify For: notify immediately if naxolone given.

ANES OB Scheduled OXYcont/Naproxen Phase

Medications
Scheduled Pain Medications
☐ +1 Hours naproxen
   500 mg, Tab, PO, q8h, Routine, (for 6 dose )
   Comments: Start as soon as possible after surgery

Select from the Following Options (NOTE)*
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☐ +1 Hours OxyContin
   10 mg, ER Tablet, PO, q12h, Routine, (for 4 dose )
   Comments: Start as soon as possible after surgery

OR(NOTE)*

☐ +1 Hours OxyContin
   20 mg, ER Tablet, PO, q12h, Routine, (for 2 dose )
   Comments: Start as soon as possible after surgery

☐ +1 Days OxyContin
   10 mg, ER Tablet, PO, q12h, Routine, (for 2 dose )

__________________   _________________   ______________________________________  __________
Date                    Time                    Physician’s Signature              MD Number

*Report Legend:
DEF - This order sentence is the default for the selected order
GOAL - This component is a goal
IND - This component is an indicator
INT - This component is an intervention
IVS - This component is an IV Set
NOTE - This component is a note
Rx - This component is a prescription
SUB - This component is a sub phase, see separate sheet
R-Required order