



attach patient label

## Physician Orders ADULT Order Set: Plastic Surgery Free Flap Post Operative Plan

Related Order Sets:

[R] = will be ordered

T= Today; N = Now (date and time ordered)

Height: \_\_\_\_\_ cm Weight: \_\_\_\_\_ kg

<b>Allergies:</b>		<input type="checkbox"/> No known allergies
<input type="checkbox"/> Latex allergy <input type="checkbox"/> Other: _____		
<b>Admission/Transfer/Discharge</b>		
<input type="checkbox"/>	Patient Status Change	T;N
<input type="checkbox"/>	Transfer Pt within current facility	T;N
<b>Activity</b>		
<input type="checkbox"/>	Bedrest	T;N, Routine
<input type="checkbox"/>	Ambulate	T;N, As Tolerated
<b>Food/Nutrition</b>		
<input type="checkbox"/>	NPO	T;N, thru POD 1
<input type="checkbox"/>	Clear Liquid Diet	T;N, Adult (>18 years), No caffeinated beverages, start on POD 2, then advance as tolerated
<input type="checkbox"/>	Food Preferences	T;N, No Caffeine until POD 5
<b>Patient Care</b>		
<input type="checkbox"/>	IV Discontinue When Tolerating PO	T;N, Peripheral IV saline lock when PO intake is greater than 600 mL/day
<input type="checkbox"/>	Smoking Cessation Advise/Counseling	T;N, Provide teaching materials and document
<input type="checkbox"/>	Weight Bearing Status	T;N, Full weight bearing
<input type="checkbox"/>	Position Patient	T;N, Beach Chair position, knees flexed at all times with microturns every 2hrs.
<input type="checkbox"/>	Flap Checks	T;N, Routine, q1h(std) For 48 hr, Special Instructions: Leave Cooks-Swartz probe signal monitor turned on continuously. Hand held doppler checks for color changes every hour for the first 48 hours.
<input type="checkbox"/>	Flap Checks	T+1, Routine, q4h(std) For 4 day, Special Instructions: Hand held doppler checks for color changes every 4 hours thru POD 5.
<input type="checkbox"/>	Flap Checks	T;N, Routine, q8h(std) for 7 days Special Instructions: Hand held doppler checks for color changes every 8 hours until discharged.
<input type="checkbox"/>	Remove Foley	T;N for 3 days Routine, Special Instructions: d/c morning of POD 2.
<input type="checkbox"/>	Vacuum Assisted closure Device apply	T;N, Routine, Qday, maintain settings at 75mmHg, continuous therapy
<input type="checkbox"/>	Wound Drain Care	T;N, Action: Charge, Suction Type: Bulb, strip every 4 hours
<input type="checkbox"/>	Cough and Deep Breathe	T;N, Routine, q2h-Awake, For 48 hr
<input type="checkbox"/>	Intake and Output	T;N, Routine, q4h(std)
<input type="checkbox"/>	Daily Weights	T+1, 0600, Routine, q24h
<b>Nursing Communication</b>		
<input type="checkbox"/>	Nursing Communication	T;N, No tobacco or nicotine products.
<input type="checkbox"/>	Nursing Communication	T;N, Discontinue PCA when patient is tolerating oral intake of 600ml/day or more without nausea
<b>Respiratory Care</b>		
<input type="checkbox"/>	Oxygen Saturation-continuous Monitoring (RT)	T;N, Special Instructions: Continuous Monitoring while on PCA





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Continuous Infusion		
<input type="checkbox"/>	Sodium Chloride 0.9%	1000mL, IV, Routine, 125 mL/hr, Order Comments: start after current bag finished
<input type="checkbox"/>	Lactated Ringers	1000ml, IV, Routine, _____ ml/hr
Medications		
<input type="checkbox"/>	Acetaminophen	975mg, Tab, PO, q6h, Pain, Mild (1-3), Routine, Order Comments: May give Per Rectum or Per Tube . PO route preferred.
<input type="checkbox"/>	acetaminophen	975mg, LIQ, Tube, q6h, Pain, Mild (1-3), Routine, Order Comments: Give if unable to tolerate PO.
<input type="checkbox"/>	acetaminophen	650mg, Supp, PR, q6h, Pain, Mild (1-3), Routine, Order Comments: Give if unable to tolerate PO or Tube.
<input type="checkbox"/>	oxyCODONE	5mg, Tab, PO, q4h, PRN Pain, Moderate (4-7), Order Comments: Use when oral intake is greater than 600 mL/day without nausea and IV PCA discontinued
<input type="checkbox"/>	oxyCODONE	10mg, Tab, PO, q4h, PRN Pain, Severe (8-10), Order Comments: Use when oral intake is greater than 600 mL/day without nausea and IV PCA discontinued
<input type="checkbox"/>	Nursing Communication	If PCA is ordered do not start until after two doses of narcotic IV Push have been administered.
<input type="checkbox"/>	<b>PCA - MorPHINE Protocol Plan (Adult)</b>	
<input type="checkbox"/>	<b>PCA - HYDRomorphone Protocol Plan (Adult)</b>	
<input type="checkbox"/>	docusate-senna 50mg-8.6 mg oral tablet	2 tab, Tab, PO, hs, Routine, Order Comments: Hold for diarrhea
<input type="checkbox"/>	bisacodyl	10mg, Supp, PR, Qday, PRN constipation, Routine
<b>NOTE: Select ONE order for sedation below:</b>		
<input type="checkbox"/>	traZODone	50mg, Tab, PO, hs, PRN Sleep, Routine
<input type="checkbox"/>	zolpidem	5mg, Tab, PO, hs, PRN Insomnia, Routine
<input type="checkbox"/>	ceFAZolin	2g, IV Piggyback, IV Piggyback, q8h, Routine, (for 2 doses), Order Comments: Start within 8 hours of last dose, Use for patients less 120 kg.
<b>Note: If patient greater than 120kg, give dose below:</b>		
<input type="checkbox"/>	ceFAZolin	3g, IV Piggyback, IV Piggyback, q8h, Routine, (for 2 doses), Order Comments: Start within 8 hours of last dose, Use for patients 120kg or greater.
<input type="checkbox"/>	Vancomycin	15mg/kg, Injection, IV Piggyback, Once , Routine
<input type="checkbox"/>	Aspirin	81mg, DR Tablet, PO, Qday, Routine, Start POD 1
<input type="checkbox"/>	<b>VTE Surgical Prophylaxis Plan</b>	
Consults/Notifications		
<input type="checkbox"/>	Notify Physician For Vital Signs Of	T;N, Notify: Plastics, BP Systolic >180, BP Systolic <90, Celsius Temp >38.5, Heart Rate >120, Heart Rate < 50, Urine Output <30ml/hr X2 consecutive hr
<input type="checkbox"/>	Notify Physician-Continuous	T;N, change in flap color or flap signal, enter 911 at end of call back number. Allow 10 minutes for service to call back then call the attending.

Date Time Physician's Signature MD Number

SURG Plastic Surgery Free Flap Post Op Plan 22015  
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