



Physician Orders ADULT: Hyperkalemia Observation Plan

Initiate Orders Phase

Care Sets/Protocols/PowerPlans

- ☐ Initiate Powerplan Phase
T;N, Phase: Hyperkalemia Observation Phase, When to Initiate: _____

Hyperkalemia Observation Phase

Admission/Transfer/Discharge

- ☒ Patient Status Initial Outpatient
T;N, Attending Physician: _____
Reason for Visit: _____
Bed Type: _____ Specific Unit: _____
Outpatient Status/Service: OP-OBSERVATION Services

Vital Signs

- ☒ Vital Signs
T;N, Monitor and Record T,P,R,BP, q4h(std)
- ☐ Neurochecks
T;N, q4h(std), x 24hrs

Activity

- ☐ Bedrest
T;N
- ☐ Bedrest w/BRP
T;N
- ☐ Ambulate
T;N, With Assistance

Food/Nutrition

- ☐ NPO
Start at: T;N
- ☐ Clear Liquid Diet
Start at: T;N
- ☐ Regular Adult Diet
Start at: T;N
- ☐ Consistent Carbohydrate Diet
Start at: T;N, Caloric Level: 1800 Calorie, Insulin: [] No Insulin [] Short Acting [] Intermediate [] Long Acting [] Short and Intermediate [] Short and Long; Renal Patient:[] No [] Yes, on dialysis [] Yes, not on dialysis
- ☐ Combination Diet
Start at: T;N

Patient Care

- ☒ Intermittent Needle Therapy Insert/Site Care
T;N, Stat, q4day
- ☒ Telemetry





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- T;N, Routine*
- ☐ O2 Sat Monitoring NSG
T;N, q-shift
- ☐ Weight
T;N, Stat
- ☐ Intake and Output
T;N, q-shift
- ☒ Instruct/Educate
T;N, Instruct: Patient/Family, Method: Provide Pamphlet, Topic: Observation Services

Respiratory Care

- ☐ ISTAT Blood Gases (RT Collect)
T;N Stat once
- ☐ Nasal Cannula
T;N, 2 L/min, Special Instructions: Titrate to keep O2 Sat \geq 92%

Continuous Infusion

- ☐ Sodium Chloride 0.9% Bolus
500 mL, IV Piggyback, once, STAT, 1,000 mL/hr
- ☐ Sodium Chloride 0.9%
1,000 mL, IV, STAT, 75 mL/hr
- ☐ Sodium Chloride 0.45%
1,000 mL, IV, STAT, 75 mL/hr
- ☐ Dextrose 5% with 0.45% NaCl
1,000 mL, IV, STAT, 75 mL/hr

Medications

Discontinue any oral and IV potassium supplements; Potassium sparing diuretics, ACEI, Beta blockers and NSAIDS(NOTE)*

- ☐ **+1 Hours** albuterol
☐ *2.5 mg, Inh Soln, NEB, once, STAT (DEF)**
☐ *10 mg, Inh Soln, NEB, once, STAT*
- ☐ **+1 Hours** calcium gluconate
1 g, IV Piggyback, IV Piggyback, once, STAT
- ☐ **+1 Hours** calcium chloride
350 mg, IV Piggyback, IV Piggyback, once, STAT
- ☐ **+1 Hours** sodium bicarbonate
☐ *100 mEq, Injection, IV Push, once, STAT (DEF)**
☐ *650 mg, Tab, PO, bid*
- ☐ **+1 Hours** sodium polystyrene sulfonate
☐ *30 g, Oral Susp, PO, once, STAT (DEF)**
☐ *50 g, PR, once, STAT*





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Comments: Retain for 30-60 min. Irrigate with tap water after enema to prevent necrosis.

- ☐ **+1 Hours** regular insulin
10 units, Injection, IV Push, once, STAT
- ☐ Nursing Communication
T;N, HYPERKALEMIA INSTRUCTIONS Place Order for repeat Serum K+ 3 hours after
administration of Sodium polystyrene sulfonate (po or retention enema)
- ☐ Insulin SENSITIVE Sliding Scale Plan(SUB)*
- ☐ Insulin STANDARD Sliding Scale Plan(SUB)*
- ☐ Insulin RESISTANT Sliding Scale Plan(SUB)*
If ordering regular insulin, should also order Dextrose D50 below:(NOTE)*
- ☐ **+1 Hours** Dextrose 50% in water Syringe
50 mL, Injection, IV Push, once, STAT

Laboratory

If not ordered in the last 24 hours, place order for CBC, CMP and Magnesium below:(NOTE)*

- ☐ CBC
STAT, T;N, once, Type: Blood, Nurse Collect
 - ☐ CMP
STAT, T;N, once, Type: Blood, Nurse Collect
 - ☐ Magnesium Level
STAT, T;N, once, Type: Blood, Nurse Collect
 - ☐ Potassium Level
STAT, T;N, once, Type: Blood, Nurse Collect
 - ☐ Calcium Level
STAT, T;N, once, Type: Blood, Nurse Collect
 - ☐ Lactate Level
STAT, T;N, once, Type: Blood, Nurse Collect
 - ☐ Osmolality Serum
STAT, T;N, once, Type: Blood, Nurse Collect
 - ☐ Urinalysis w/Reflex Microscopic Exam
STAT, T;N, once, Type: Urine, Nurse Collect
 - ☐ Urinalysis
STAT, T;N, once, Type: Urine, Nurse Collect
 - ☐ Osmolality Urine
STAT, T;N, once, Type: Urine, Nurse Collect
 - ☐ Myoglobin Urine Qualitative
STAT, T;N, once, Type: Urine, Nurse Collect
 - ☐ Myoglobin Urine Quantitative
STAT, T;N, once, Type: Urine, Nurse Collect
- If possibility of pregnancy, order one below:(NOTE)*





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- ☐ Pregnancy Screen Serum
STAT, T;N, once, Type: Blood, Nurse Collect
- ☐ Pregnancy Screen Urine Point of Care
T;N, Stat, once

Diagnostic Tests

- ☐ Electrocardiogram
Start at: T;N, Priority: Stat, Reason: Other, specify, Reason: Hyperkalemia
Comments: Reason: Hyperkalemia

Consults/Notifications/Referrals

- ☒ Notify Physician-Once
T;N, of room number on arrival to unit
- ☒ Pharmacy Consult
Start at: T;N, Reason: Review and Discontinue any medication that may cause or exacerbate Hyperkalemia
- ☐ Physician Consult
T;N
- ☐ Physician Consult
T;N
- ☐ Notify Physician-Continuing
T;N, For HR <50 or >120, BP <90/60 or > 180/110, R <12 or > 28, T > 101.5, neuro changes
- ☐ Case Management Consult
T;N Routine, Reason: Discharge Planning
- ☐ Case Management Consult
T;N Routine, Reason: Home Care

Date	Time	Physician's Signature	MD Number
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***Report Legend:**

DEF - This order sentence is the default for the selected order
 GOAL - This component is a goal
 IND - This component is an indicator
 INT - This component is an intervention
 IVS - This component is an IV Set
 NOTE - This component is a note
 Rx - This component is a prescription
 SUB - This component is a sub phase, see separate sheet
 R-Required order

